

Occupational Risk Prevention: Compendium of Good Practices Aimed at Young Workers



Contents

Introduction	3
Glossary	5
Occupational safety and health training for young people during their school education	6
Team4Young (Austria).....	7
KINGA Programme – Prevention for Young People (Canada).....	9
Jugend will sich-er-leben – Young People Want to Live Life to the Full – and Live it Safely (Germany)	12
Campaña Escuela de Prevención – Prevention School Campaign (Spain).....	14
Työturvallisuuskortti – Occupational Safety Card (Finland)	16
Prévention Santé Environnement – Prevention, Health and Environment (France)...17	
Video competition ‘Santé et sécurité au travail : de l’école au travail’ – ‘Health and Safety at Work: From School to Work’ (France).....	19
Choose Safety Programme (Ireland).....	21
Scuola di Prevenzione – The Prevention School (Italy)	24
Le Olimpiadi della Prevenzione – The Prevention Olympics (Italy).....	26
Blijvend Fit, Veilig en Gezond Werken – Staying Fit, Safe and Healthy at Work over the Long Term (Netherlands)	28
JobbaFrisk – Staying Fit, Safe and Healthy at Work over the Long Term (Sweden)	30
Induction of young workers into the world of work	32
Quand tu ne sais pas, tu ne sais pas – When You Don't Know, You Don't Know (Canada)	33
Escouades prévention – Prevention Teams (Canada)	35
Be smart Work Safe (Switzerland).....	37
Apprentissage en toute sécurité – Safe Apprenticeships (Switzerland)	39
Skab en god modtagekultur – Creating a Good Induction Culture(Denmark)	42
Ungmedjob – Young People at Work (Denmark)	43
Assegura’t el moment! #caprisc – Make Every Moment Safe! #NoRisk (Spain)	44
Mortel Ton Taf – Your Job Could Be Deadly (France)	45
Keep Teen Workers Safe (United States)	47
Initiatives targeting particular risks or sectors	48
500 Leben – 500 Lives (Austria)	49
Alles im Griff? – Everything Under Control? (Germany).....	51
Sicher in meiner Region – Safe in My Region (Germany).....	53
BGN-Azubi-App In den Beruf starten – fit und gesund – Starting Your Career – Fit and Healthy (Germany)	55
TutoPrev’ (France).....	57
100 minutes pour la vie – 100 Minutes for Life (France).....	61
Petocask (France)	63
TP demain – Tomorrow's Public Works (France)	65
Upp Games (European Union)	67
Asbestos & You (United Kingdom).....	69

Introduction

Young people's entry into the world of work represents a key stage in their journey, but also a **period of vulnerability to occupational risks**. Young people under the age of 25 have a significantly higher rate of accidents at work than other age groups¹. This finding is due to a number of factors: age, experience, the nature of their contract, and the types of tasks carried out.

In France, for example, the figures show that young workers have a significantly higher accident rate than the rest of the workforce. Their work accident frequency remains about 50% higher², confirming this vulnerability.

An epidemiological study³, carried out in seven French regions, shows that every year **10% of young people under 25 have an accident at work, a rate 2.5 times as high as the national average**. Length of service also plays an important role: about 15% of serious and fatal accidents occur during the first three months after starting a job, and a quarter of accidents at work involve an employee who has been with the company for less than one year.⁴

This study also highlights **the importance of initial occupational safety and health (OSH) training before entering the job market**: young people who received prevention training during their education have accident rates that are half those of young people who did not.

Young workers are exposed to a wide range of occupational risks, including:

- road risks, the leading cause of work-related deaths⁵
- the risk of falls from height or same-level falls
- risks associated with the use of machinery
- manual handling of heavy loads, repetitive movements and awkward postures
- exposure to hazardous substances, chemicals, pesticides or solvents
- stress and organisational pressures (hectic work pace, atypical working hours, seasonal work, temporary work)
- risk-taking behaviour (alcohol or drug use).

In light of this, many countries have recognised the scale of the challenge and introduced specific programmes to prepare young people to enter the world of work. These initiatives take various forms:

- OSH training programmes incorporated into school curricula
- competitions and awareness-raising campaigns using creative, enjoyable and interactive formats
- training courses and practical tools to support the induction of young people into the workplace
- sector-specific or themed campaigns to prevent particular risks.

This compendium sets out these initiatives under three main headings.

¹ [Young workers and safety: A critical review and future research agenda, Nick Turner, 2022.](#)

² [EU OSHA, Young people and safety and health at work.](#)

³ [Insee, Des jeunes salariés davantage exposés aux accidents du travail, 2016.](#)

⁴ [INRS, Jeunes travailleurs, ce qu'il faut retenir.](#)

⁵ [INRS, Synthèse Accidentologie des jeunes travailleurs.](#)

⁶ [Ministry of Labour and Solidarity, Sécurité au travail : la prévention n'est pas une option, 2023.](#)

⁷ [Ministry of Labour and Solidarity, Essentiel du risque routier professionnel : les chiffres clés de 2023.](#)

■ *Occupational safety and health training for young people during their school education*

This compendium sets out initiatives that place OSH at the heart of school teaching, from primary and even pre-school education, right through to higher vocational and technical studies.

Some are based on the inclusion of OSH in training frameworks, to establish a common foundation of knowledge for all pupils and apprentices. Others favour combining theoretical teaching with practical awareness-raising through partnerships between, for example, education ministries, prevention organisations, labour inspectorates and schools.

Several programmes also use interactive formats such as educational games, competitions, digital tools or activities to engage young people and help them take on board prevention messages.

These programmes aim not only to impart knowledge but to foster a culture of prevention from an early age, enabling young people to analyse work situations and develop preventative habits, as well as to ask questions, raise concerns and take action when faced with risks.

■ *Induction of young workers into the world of work*

The second part focuses on initiatives to improve the induction of young workers into the world of work.

The first few weeks of employment are higher-risk periods, whether a young person is on a work placement, in a summer job, on a work-study or apprenticeship programme, or starting their first job. Many young people are reluctant to ask questions, are not yet familiar with safety rules or lack the experience to identify risks.

In this context, the quality of the induction and integration of young workers is essential. Induction should not be limited to an administrative formality: it should be a key opportunity to explain safety rules, build trust and give young people the confidence to speak up about risks or dangerous situations.

The initiatives presented bring together complementary approaches: awareness-raising campaigns using innovative communication formats accessible to young people (videos, social media), peer-led activities and digital tools.

Some are aimed directly at young workers, informing them of their rights, encouraging them to ask questions and to refuse dangerous tasks when they do not have the skills or information needed. Others are aimed more at employers, workplace tutors and supervisors, reminding them of their obligations regarding training, supervision and work organisation, while providing practical tools for inducing newly recruited young people.

These initiatives show that effective induction of young people into the world of work is a key element of prevention. It complements initial education and training and is essential to ensure a smooth transition between school, training and work.

■ *Initiatives targeting particular risks or sectors*

Initial OSH training and the quality of induction for young workers are two essential stages in prevention. In addition, initiatives focusing more specifically on particular risks or especially exposed sectors are an essential complement to more general approaches.

Certain risks (falls from height, road risks, handling of loads, exposure to chemicals) account for a significant proportion of serious and fatal accidents, particularly among young people.

The third part, which focuses on targeted initiatives, presents sector-specific programmes, thematic campaigns, specialised educational resources and practical training approaches developed by various organisations (prevention bodies, insurance funds, sector-specific organisations). These measures relate, in particular, to construction, public works, and the hospitality and catering sector, as well as risks such as road risks, falls from height and exposure to hazardous substances.

They take various forms, such as practical training sessions, *serious games*, mobile apps, role-play exercises, analyses of real-life accidents and interactive digital tools.



The initiatives outlined in this compendium show that many countries use a wide range of approaches to prevent occupational risks among young people, including initial education and training, induction into the workplace and measures targeting specific risks or sectors. By combining these three key areas, these schemes help foster a lasting culture of prevention among young people and reduce their vulnerability to occupational risks.

Methodology

The good practices identified draw on the EUROGIP document database and online research. AI tools may have been used for translation or summarisation purposes. The content has been checked, revised and approved by the author, Marie-Amélie Buffet. For some initiatives, between July and December 2025, interviews and email exchanges were conducted to obtain further information.

Glossary

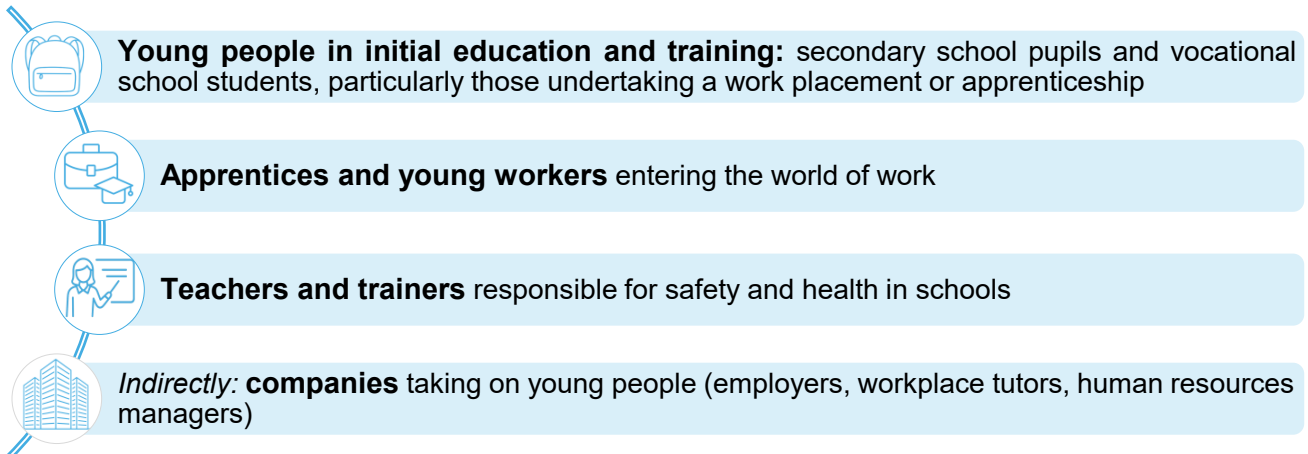
AW	Accident at Work
OSH	Occupational Safety and Health
MSDs	Musculoskeletal disorders



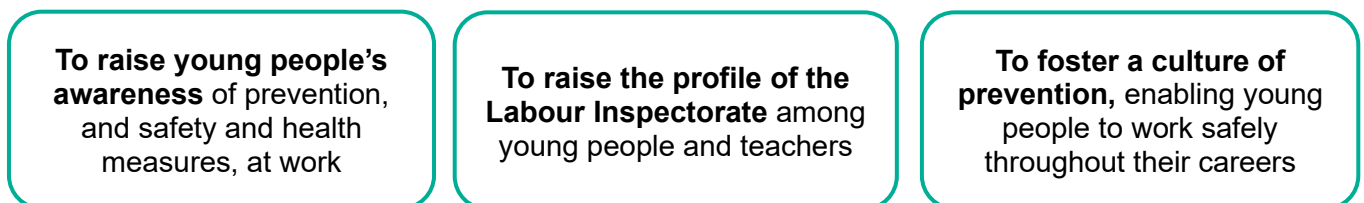
Occupational safety and health training for young people during their school education

In brief – The ‘**Team4Young**’ initiative is the result of a partnership between the Austrian Labour Inspectorate (*Arbeitsinspektion*) and schools. It aims to raise young people’s awareness of workplace safety and protection issues while increasing the Labour Inspectorate’s visibility among pupils and teachers. Launched in 1999 to address the need to strengthen a prevention culture from the very start of working life, it has established itself as a structured and targeted educational programme.

Target audiences



Main objectives



Content



Presentations in schools

Labour inspectors visit schools free of charge to deliver one or two interactive sessions tailored to pupils’ levels. The topics covered are as follows:

- an introduction to the fundamentals of employment law, and safety and health at work
- a reminder of the rules governing the employment of minors and the role of the Labour Inspectorate
- guidance on when and how to contact the Labour Inspectorate.

Every year, about 1,000 pupils benefit from direct awareness-raising and training in OSH and the rights of young workers.



Development of specialised teaching materials

Team4Young produces leaflets, guides and educational materials designed for a young audience. These materials cover:

- the Labour Inspectorate and the fundamentals of employment law applicable to minors and young adults
- the rules concerning prohibitions and restrictions on the employment of young people
- the addresses of the Labour Inspectorate offices
- specific information for teachers.

The programme helps to enrich the content of school textbooks by incorporating material on the protection of young workers, ensuring that the information provided complies with current legal requirements.



Specific educational projects

As resources allow, *Team4Young* develops a varied range of activities, including:

- taking part in a 2025 European competition on the digitalisation of work, inviting pupils to reflect on the impact of digital transformation on OSH
- developing certified training modules for student safety representatives in technical schools
- offering risk assessment workshops.



Taking part in public events

The Labour Inspectorate attends trade fairs, job fairs and career guidance events. These events provide an opportunity for direct and informal contact with the public, promoting a better understanding of OSH issues through activities, quizzes and one-to-one discussions.



Results

Every year, about 100,000 young people are made aware of OSH through activities in schools and at trade fairs.⁶

The programme has significantly raised the profile **of the Labour Inspectorate** among young people, teachers and families while improving understanding of everyone's rights and responsibilities in the workplace.

Feedback from schools and participants highlights the **educational and practical value** of these events: they raise awareness of safety rules, foster responsibility among young people and help prevent many risk-taking behaviours.



Further information: https://www.arbeitsinspektion.gv.at/Personengruppen/Kinder_und_Jugendliche/team4young.html

⁶ [Gesunde arbeit, Schutz der Jugendlichen durch die Arbeitsinspektion, 2019.](#)



Kinga, prévention jeunesse Kinga, Prevention for Young People



✦ **In brief** – The Commission des normes, de l'équité, de la santé et de la sécurité du travail (Commission for Labour Standards, Pay Equity and Occupational Health and Safety – [CNESST](#)) is the Quebec body responsible for promoting OSH, ensuring compliance with labour standards and guaranteeing pay equity. For several years, it has made young people a priority, recognising that early experiences of work and training are a crucial time for developing a strong culture of prevention.

It was against this backdrop that the '**Kinga**' programme was launched in 2021 to support young people in developing a culture of prevention, from pre-school through to the end of secondary school. The aim is to raise awareness, from a very young age, of social justice, equality, pay equity and OSH, to help future citizens and workers recognise risks, act safely and respect fundamental rights at work.

Target audiences



Children aged 4 to 12 (preschool and primary school) learn about concepts such as hygiene, caution, accident prevention and respect for collective rules through games and age-appropriate activities.



Secondary school pupils aged 12 to 17 (lower secondary school, upper secondary school) deepen their understanding of rights and obligations at work, discover the realities of pay equity and learn to recognise and prevent risks during their first experiences of work.



Teachers and other education professionals have access to ready-to-use teaching materials that are consistent with the Quebec school curriculum and tailored to the realities of the classroom.



Parents can get involved through simplified teaching guides that extend awareness-raising into the home.

Main objectives

To develop safety habits from a very young age by learning to identify risks in familiar settings (the kitchen, sport, play, travelling)

To reinforce the concepts of justice and fairness and to introduce children to the principles of gender equality, fair pay and respect for fundamental rights

To encourage critical thinking so that young people ask questions, discuss their rights and understand the responsibilities of employers and workers

To provide teachers with free, engaging resources that can be easily incorporated into their lessons

To ensure continuity and consistent progression in learning, from pre-school to secondary school

Content

The programme comprises two parts: one for primary schools and the other for secondary schools.



Primary education (pre-school to Year 6):

In primary school, the activities on offer are designed to be simple, practical and fun. They help children to recognise dangers in their everyday lives – at school, in the kitchen, in the playground or during sporting activities – and to adopt safer behaviour.

Teachers have access to comprehensive teaching guides and ready-to-use activities, such as riddles, word puzzles, colouring, craft activities and role-play, all tailored to the pupils' age group.

Kinga, a colourful chameleon, is the mascot who guides the pupils: he changes colour according to emotions and situations, helping young people identify with him and reflect on their own behaviour. For example, Kinga's tree is an educational tool, created by the pupils, that fills with leaves suggesting preventative actions. Chameleons actually feel safer in trees than on the ground. Displayed in a prominent place in the school, this collaborative project grows as activities take place and serves as a reminder to everyone of the importance of safety.

These exercises also provide an accessible way of introducing concepts related to equity and respect for rules. Parents are involved too, through simplified guides and 'Kinga's letters', which extend awareness activities into the home.



Secondary education (lower secondary school and upper secondary school):

At secondary school, the content becomes more interactive and directly relevant to the lives of teenagers. The activities take the form of role-plays (reconstructing an accident, analysing the causes, identifying solutions), discussions, awareness-raising videos or case studies on OSH topics such as workers' and employers' rights and obligations, mental health, pay equity and first work placements or student jobs.

The aim is to equip teenagers for their first work experiences, to provide them with clear guidance on OSH and to raise their awareness of their fundamental rights.



How to participate

Participation is voluntary: interested teachers can register their class on the Commission's website. Each registration gives entitlement to financial support of about 300 Canadian dollars per class, intended to cover the cost of organising activities or purchasing prevention materials.

This grant is a particularly attractive incentive at a time when school budgets are tight. In return, teachers complete a short evaluation form at the end of the year, which enables the programme to be assessed and its content adapted to local needs.

The teaching resources are freely available online and can be used without registering.

Results

Since its launch, Kinga has enjoyed growing success: the first year involved about 1,000 classes, with numbers increasing each year to reach 2,000 and then 3,000 classes. **During the fourth year over 4,300 classes took part in the programme's activities**, representing about 95,000 young people across 855 schools. Forecasts indicate about 5,500 classes next year. Word of mouth plays a key role in this growth: often, a teacher who becomes aware of the programme tells their colleagues about it, and the following year several classes from the same school sign up. Many teachers also participate again in subsequent years, because they value its relevance and simplicity.

Feedback from teachers and pupils has been very positive. The activities are considered easy to carry out, stimulating for both children and teenagers, and perfectly suited to the school curriculum. As well as serving as an incentive, the financial support is used not only to carry out Kinga activities but also to equip classrooms with additional prevention materials.

Further information:

<https://www.cnesst.gouv.qc.ca/fr/jeunes/zone-education/enseignement-primaire-secondaire/kinga-primaire>



Jugend will sich-er-leben ***Young People Want to Live Life to the Full – and Live it Safely***



Germany

✦ **In brief – 'Jugend will sich-er-leben' (Young People Want to Live Life to the Full – and Live it Safely, JWSL)** is a German national programme established in the early 1970s and coordinated by *Deutsche Gesetzliche Unfallversicherung (DGUV)*, Germany's statutory insurance organisation for accidents at work and occupational diseases. Its aim is to support young people from the start of their initial education and training so that they acquire, at a very early stage, a strong culture of prevention in OSH.

Target audiences



Apprentices and vocational school students



Trainers and in-company apprenticeship supervisors



Teachers in vocational schools

Main objectives

To focus on a central theme each year

2019: Road safety
2020: Stress management
2022: Prevention of musculoskeletal disorders
2025-2026: Prevention of violence in the workplace

**To promote
responsible** and safe
behaviour in everyday
life

**To raise young people's
awareness** of occupational
risks, and safety and health at
work from the moment they
enter the workforce

**To provide teachers and trainers with
practical teaching resources** to incorporate
prevention into teaching and training

Content

The programme offers a rich and varied range of resources and activities:



Teaching resources for vocational schools: teachers have access to a comprehensive teaching module, comprising detailed lesson plans, interactive exercises, explanatory videos and digital resources that can be easily incorporated into lessons.



Training materials for in-company training: apprenticeship supervisors and trainers have access to a practical training pack, comprising fact sheets, role-play scenarios and real-life examples drawn from everyday work situations, to link theory directly to the realities of the workplace.



National competitions: Every year, the programme organises two major national competitions to engage young people.



The programme's quiz enables participants to test the OSH knowledge they have gained and encourages friendly competition between classes or companies.



A creative competition invites apprentices to express their ideas on prevention through posters, videos, campaigns or innovative projects. These enjoyable, interactive activities enable young people to take ownership of the messages in a personal and original way.



A very comprehensive online media library that is freely accessible and brings together educational resources, multimedia materials and supplementary documents.



Events, campaigns and action days linked to the annual themes are regularly held to increase visibility and encourage participation.

Results

After more than 40 years, the JWSL programme has become one of Germany's leading prevention resources for young people in vocational education and training. **Every year, it engages up to 800,000 young people across the country**, through their schools and companies providing workplace training.

The JWSL programme's teaching materials have been recognised by the [Comenius EduMedia Award](#), an award for high-quality educational resources in terms of teaching approach, content and design.

Its success is based on **three key factors**: continuity over time, varied resources and methods, and cooperation between schools, businesses, and occupational accident and disease insurance institutions.

Its 2021 survey shows that **apprentices want not only instructions but also a modern approach to delivery**, appropriate media, and discussion and dialogue. A desire for social media content – such as videos and other visual materials – reflects a demand for immersive and accessible tools.

For young people, **the programme has helped to increase risk awareness and develop greater autonomy in matters of safety**. For teachers and trainers, it is a recognised toolkit that helps them integrate prevention into their teaching practices. Lastly, for businesses and institutions, the JWSL programme helps to promote a lasting culture of prevention among young workers.

 **Further information:** <https://www.jwsl.de/>

✦ **In brief – ‘Campaña Escuela de Prevención’** (Prevention School Campaign) forms part of the occupational risk prevention policy led by the [Regional Government of Castilla y León](#). It is based on the idea that a culture of prevention must be instilled from the start of education and reinforced throughout a person's schooling and future career. This campaign forms part of the Sixth Agreement on the Prevention of Occupational Risks in Castilla y León (2021–2024), which aims, among other things, to strengthen safety education in schools and training centres, and to develop competitions and specific activities to engage pupils.

Target audiences



Pupils in non-university education, from primary, lower secondary and upper secondary schools to vocational training centres



Teachers and trainers

Main objectives

To introduce children to a culture of prevention through games and fun activities, **and young people** through more structured educational initiatives and creative competitions, so that they develop safety habits from an early age

To raise awareness of hazards in the workplace and in everyday life (signage, protective equipment, posture, chemicals)

To establish a link between schools and businesses to prepare future workers for a safer working environment

To strengthen teachers' skills by providing them with practical teaching tools

Content

The Prevention School Campaign combines several approaches:



Workshops in schools: practical explanations of safety signs, the use of personal protective equipment (PPE) and the importance of prevention in everyday activities.



Engaging, participatory activities: drawing competitions, interactive games, hands-on use of PPE and practical workshops tailored to pupils' ages.



A dedicated prevention classroom: a dedicated educational space where classes can take part in awareness-raising sessions and access specific resources.



Digital and online resources: the Prevention School portal offers a media library, games and educational materials that are accessible to teachers and pupils.



School competition on occupational risk prevention: every year pupils are invited to submit entries (posters, videos, educational activities) on occupational safety and health topics, with prizes awarded to the winning schools across a range of categories (primary school, lower secondary school, upper secondary school, vocational training centres).



The ‘¡A Salvo!’ (Safe!) campaign, part of the Prevention School initiative, targeted primary school pupils, aged 6 to 12, and their teachers, using a fun, participatory approach. The campaign centred on a mascot, ‘Salva’, in the shape of a protective glove, and offered educational materials organised under five themes: risk identification and prevention, PPE, signage, emergency numbers, emergency plans and first aid. The methodology included games, magazines and hands-on activities, packed into an educational kit made available to schools.



Results

In total, 848 schools and 188,171 primary school pupils benefited from ‘¡A Salvo!’ campaign resources: a dedicated website was developed, offering interactive content, with specific areas for pupils, teachers and parents. Lastly, a promotional bus helped to publicise the campaign in schools: over a period of 47 days, it was visited by 7,217 pupils.

Every year, the regional school competition recognises a number of schools and showcases pupils’ work, which helps to raise the programme’s profile.

The campaign helps to engage teachers: they are provided with suitable materials and a platform of resources to incorporate prevention into their teaching.



Further information:

<https://trabajoyprevencion.jcyl.es/web/es/prevencion-riesgos-laborales/escuela-prevencion.html>



Työturvallisuuskortti Occupational Safety Card



✦ **In brief** – The ‘**Työturvallisuuskortti**’ (Occupational Safety Card) is a widely recognised certificate in Finland, which confirms that an employee has completed standardised training in occupational risk prevention. This one-day training course covers key OSH principles, the specific risks associated with different sectors and the rules of cooperation to prevent accidents. The card is recognised, and often required, by employers, particularly in the construction, logistics and industrial sectors, as well as in many technical services. Since 2023, the [Työturvallisuuskeskus](#) (Finnish Centre for Occupational Safety – TTK) has made the card free for all young people enrolled in vocational and technical secondary schools. The aim is to remove financial barriers and enable every pupil to access training that leads to certification, which is essential for their safety and employability.

Target audiences



Students on initial vocational education and training programmes



Employers and trainers, who take on young people already made aware of, and trained in, prevention rules



Schools play a key role in incorporating this training into their curriculum, so that every pupil leaves with a recognised certificate.

Main objectives

To ensure that all young workers have a common foundation of knowledge about OSH

To reduce accidents at work among young people starting their working lives

To promote a lasting culture of prevention from the moment young people enter the workforce

Content

The training course is delivered over one day and covers the key aspects of OSH, particularly in shared workplaces: identifying hazards, good practices, the correct use of protective equipment, coordination between those involved and the fundamental rules to be observed on shared sites. It concludes with a written test to assess whether participants have understood the key concepts.

Results

On completion of the programme, participants receive a certificate valid for five years, confirming their knowledge of OSH. They are better prepared to work in shared environments, understand the risks that they might be exposed to and can more easily adopt the appropriate behaviours.

 **Further information:** <https://ttk.fi/2023/06/12/tyoturvallisuuskortti-maksuttomaksi-nuorten-toisen-asteen-tutkinnoissa/> and <https://tyoturvallisuuskortti.fi/>

Prévention Santé Environnement

Prevention, Health and Environment

✦ **In brief** – Introduced in 2009, the teaching of '*Prévention Santé Environnement*' (Prevention, Health and Environment – PSE) in vocational secondary schools is the result of a strategic partnership between three organisations:

- the [French Ministry of National Education](#), which is responsible for developing the curricula and training standards
- the [Assurance Maladie \(National Health Insurance\) – Occupational Risks Branch](#), which works to reduce accidents at work and occupational diseases while providing scientific, technical and educational expertise (in conjunction with the INRS)
- the [French National Research and Safety Institute for the Prevention of Occupational Accidents and Diseases](#) (INRS), which develops and distributes educational resources and supports teachers and trainers.

This collaboration is a response to a concerning finding: young workers are more at risk of accidents at work than their older colleagues, particularly at the start of their careers, due to a lack of experience and specific training. The teaching of Prevention, Health and Environment aims to equip pupils, from an early stage, with the knowledge and safe working habits they need for their future working lives.

👥 Target audiences



Students at vocational secondary schools across all specialisms (industry, services, construction and public works, healthcare)

Apprentices at apprenticeship training centres, for whom risk prevention is essential from their very first work experiences

Teachers specialising in scientific or technical subjects who have been specially trained to teach the material

🎯 Main objectives

To strengthen the culture of occupational risk prevention from initial education and training onwards, preparing young people to work safely and protect their health as they pursue their future careers

To embed OSH issues in vocational education and training frameworks while equipping teachers to pass on these skills in a practical way tailored to occupational realities

📚 Content

This partnership is put into practice through **the compulsory teaching of Prevention, Health and Environment**, which is included in the frameworks of all vocational training courses. Most

of the 550 qualification frameworks for vocational and technical education – whether vocational aptitude certificates (CAP), vocational certificates, vocational baccalaureates or higher technician certificates (BTS) – now include **specific OSH competencies**, which are increasingly detailed and tailored to occupational realities.

These provisions apply to all students at vocational and technical secondary schools, as well as to apprenticeship training at apprenticeship training centres. This course is based on three main, complementary areas:



Health: healthy lifestyle, diet, addiction prevention, mental health and quality of life.



Prevention: identifying hazards, assessing risks, adopting safe practices and responding in an emergency. This area includes training for the French Workplace First Aider Certificate, a scheme run by the National Research and Safety Institute and recognised by the National Health Insurance – Occupational Risks Branch.



Environment: individual and collective responsibility for sustainable development, resource management and the reduction of environmental impacts.

Teachers have access to teaching resources developed by the Institute and made available on institutional platforms ([Éduscol](#), the INRS's education platform, etc.). These include quick-reference sheets, videos covering different professions, e-learning materials, educational games and case studies.

Specific training courses and academic support also enable teachers to update their teaching practices and better integrate safety and health aspects into vocational courses.

Results

Every year, more than a million students in the vocational educational pathway benefit from the Prevention, Health and Environment course. Nearly 90,000 young people have obtained the French Workplace First Aider Certificate, giving them essential first-aid skills and the essential responses in the event of an accident.

Every year, about 1,300 teachers are trained or supported by experts from the *Assurance Maladie* – Occupational Risks Branch - INRS network and by regional education liaison officers.

This scheme now serves as a common foundation for health, safety and environmental skills, recognised by institutions and training providers as a key driver for reducing accidents at work among young people, and for embedding prevention firmly and sustainably within French workplace culture.

Further information:

- <https://www.inrs.fr/services/formation/formation-initiale.html>
- <https://www.education.gouv.fr/bo/15/Hebdo28/MENE1500378X.htm>
- <https://eduscol.education.fr/789/l-enseignement-de-la-sante-et-securite-au-travail-dans-les-diplomes-professionnels?utm>



Video competition

Santé et sécurité au travail : de l'école au travail

Health and Safety at Work: From School to Work

✦ **In brief** – Held annually for the past 12 years, the '**Santé et sécurité au travail : de l'école au travail**' (Health and Safety at Work: From School to Work) video competition aims to involve apprentices and students at vocational secondary schools directly in active and creative thinking about risk prevention. Participants must produce an original video on a topic related to OSH. This initiative to raise young people's awareness of these issues is organised by the [French National Research and Safety Institute for the Prevention of Occupational Accidents and Diseases](#) (INRS), with the support of the [Ministry of National Education and Youth](#) and the [Ministry of Agriculture and Food Sovereignty](#), and in partnership, since 2018, with the [CCMSA](#) (Central Agricultural Social Mutual Fund).

Target audiences



Open to apprentices and students at vocational secondary schools who are studying for a vocational qualification, whether in the state or private secondary education system, in mainland France or its overseas territories. Participants must be supervised by a teacher or an education professional.

Main objectives

To raise awareness among future employees of occupational risks from the very start of their initial education and training

To encourage reflection and creative expression on the prevention of accidents at work and occupational diseases

To recognise young people's ability to develop practical approaches and solutions to reduce or eliminate risks in their future occupations

Content



The video must be between 30 seconds and 2 minutes 15 seconds long (including the credits), and consist solely of images and sound produced by the teams (no commercial clips or non-royalty-free music).

The entries are then assessed by a national jury comprising representatives of the INRS, the partner ministries, the CCMSA, the regional *Assurance Maladie* (Health Insurance) funds ([Carsat/Cramif/CGSS](#)) and prevention experts.

Three main criteria are used for scoring:

- relevance of the prevention message
- quality of the content (script, clarity of messages, relevance to the theme)
- quality of the presentation (camerawork, editing, creativity).

The winning videos receive official recognition and are distributed more widely on video-sharing and social media platforms (YouTube, Dailymotion, Facebook), enabling them to reach an audience far beyond the participating schools.

Results

Over the past 12 years, the competition has become a recognised educational tool, used widely by teachers as a teaching aid and group project. With **111 to 120 videos submitted each year**, the competition has seen sustained participation, particularly in recent years.

There are numerous benefits: young people develop a practical understanding of workplace risks, become aware of their role in prevention, and acquire transferable skills in communication and teamwork. For schools, it is also a way of recognising their pupils' commitment and strengthening links with the world of work.

The INRS's video competition therefore helps to embed prevention in the culture of younger generations by combining training, creativity and social recognition. It exemplifies a modern, participatory approach to OSH education, attuned to young people's ways of communicating and underpinned by a spirit of partnership between various organisations.

 **Further information:** <https://www.inrs.fr/services/formation/concours-video-2024.html>



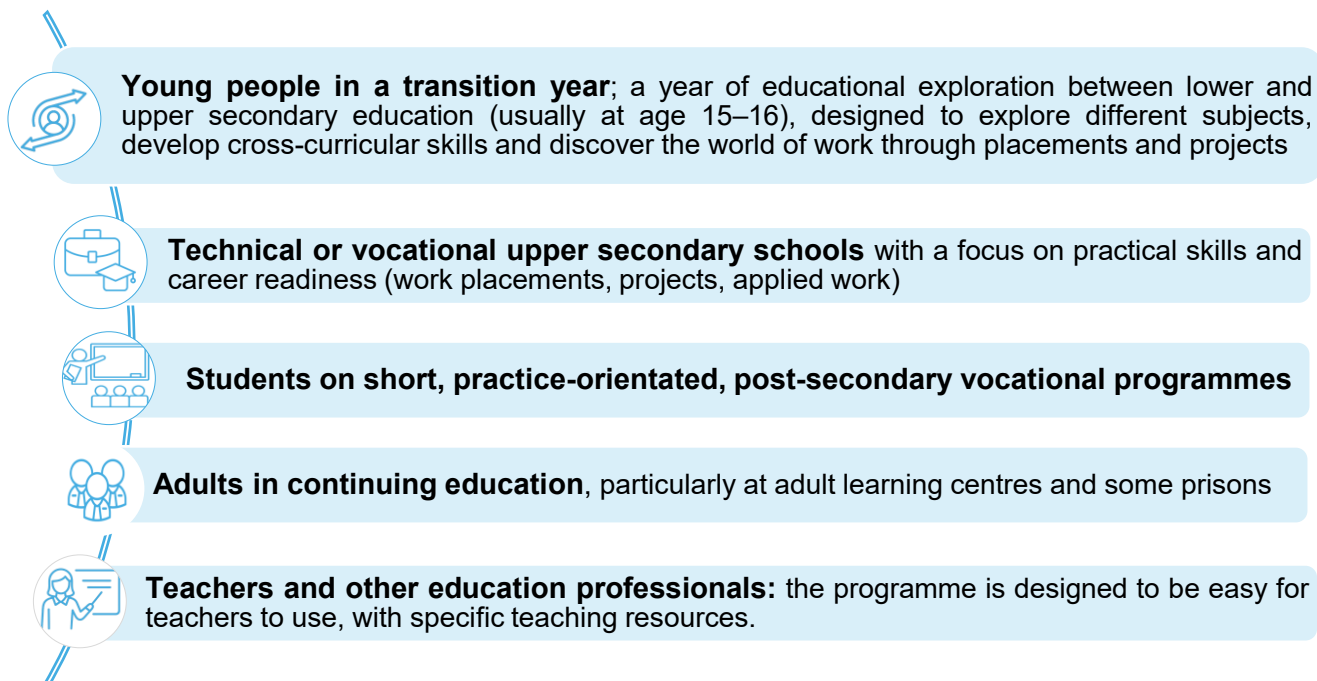
Choose Safety Programme



✦ **In brief – ‘Choose Safety’** is a free programme offered by the Irish [Health and Safety Authority](#) (HSA) to lower and upper secondary schools and higher education institutions. It aims to raise pupils’ and students’ awareness of OSH.

It forms part of a national strategy to raise awareness among young people, based on the belief that early education on OSH issues is a key factor in building a lasting culture of prevention. The HSA, in collaboration with the Irish Department of Education, delivers the programme in schools and training institutions across the country.

Target audiences



Main objectives

To raise young people’s awareness of occupational risks

To develop a prevention culture

To provide information on employers’ and workers’ legal obligations regarding OSH

To reduce accidents among young workers

Content

The *Choose Safety* programme consists of **thematic modules that cover a range of key OSH topics**, including:

- an introduction to OSH
- employment law and the responsibilities of employers and employees
- hazard identification and risk assessment
- specific risks:
 - falls, manual handling, hazardous equipment
 - chemicals (covering safety data sheets)
 - work in agricultural settings, the catering sector or a school environment
 - mental health, stress and well-being
- prevention of risk-taking behaviour
- safety culture and teamwork
- new challenges: digital risks, platforms, artificial intelligence and the green transition.

The programme is suited to both urban and rural settings (for example, agricultural work), taking into account young people's backgrounds and experiences.

Initially, it was based on printed materials, comprising a teacher's guide and a student workbook. These amount to about 20 hours of content, organised in self-contained modules, two of which are compulsory. Since 2022, *Choose Safety* has been undergoing a major shift towards blended learning formats:



Interactive digital modules, hosted on the national platform hsalearning.ie.



Face-to-face activities (discussions, group work, role-plays).



Flexible learning materials from 10 to 40 hours, depending on institutions' educational needs.



Inclusion in the new micro-modules for the transition year (10-hour blocks in line with the new educational standards).



Alignment with an active, contextualised, differentiated and self-directed approach to learning.



To recognise pupils' commitment, *Choose Safety* offers a system of digital badges awarded to pupils by teachers through a secure interface once the modules have been validated.

These badges can be included in a personal portfolio, CV or training record.

They play a part in the recognition of skills that are increasingly valued within educational pathways.

Results

The HSA has established an ongoing evaluation process for the programme:

- surveys of pupils and teachers
- statistical monitoring of geographical coverage, sociodemographic profiles and the types of institutions reached
- revision of content based on national data about accidents at work involving young people
- specific objectives for the roll-out of the programme in schools in disadvantaged areas ([Delivering Equality of Opportunity in Schools](#)), which were initially poorly covered.

The programme is therefore up-to-date, adaptable and data driven.

The programme's key strengths include:

- its clear integration into the education system (official status, accreditation, educational framework)
- the high degree of flexibility of the resources (print, digital, blended formats)
- a progressive, citizenship-focused approach, with students regarded as responsible future workers
- a comprehensive set of resources for teachers
- a programme designed to reach underserved groups (rural communities, disadvantaged schools, young migrants).

There are a number of challenges associated with these initiatives, particularly initial inequalities in access linked to social or geographical contexts, the ongoing need to train teachers in OSH, intellectual property issues arising from the sharing of digital modules, and resistance to change observed in certain organisations that are still unfamiliar with digital tools and formats.

In 2021, 27,494 pupils took part in the *Choose Safety* programme. More recently, according to the HSA's 2024 annual report, **23,905 students took part in the programme during the 2023–2024 academic year**. Of these, 20,652 were secondary school pupils and 3,253 were enrolled in post-secondary courses.

Further information:

- https://www.hsa.ie/eng/education/teacher_support_and_classroom_resources/choose_safety_programme_-_senior_cycle/
- https://www.hsa.ie/eng/education/teacher_support_and_classroom_resources/choose_safety_programme_-_senior_cycle/choose_safety_flyer2022.pdf



Scuola di Prevenzione The Prevention School



✦ **In brief** – The ‘*Scuola di Prevenzione*’ (Prevention School) is an educational initiative launched in 2012 in the Puglia region of Italy. It is led by [the Italian National Institute for Insurance against Accidents at Work](#) (INAIL) and the [Puglia Region](#). It aims to raise awareness of risk-prevention culture among upper secondary school students, using creative tools such as theatre and film.

The programme combines performances, tutorials, online training and a competition in which pupils develop storylines or make short films on occupational safety and health.

The activities are free of charge, form part of the teaching curriculum and involve teachers, regional organisations and prevention experts. The initiative helps to foster awareness of risks among young people, at work and at school, while generating content that can be shared with the public.

Target audiences



Students from upper secondary schools in the Puglia region



Teachers, who incorporate the initiative into their teaching programmes



Indirectly: families and the general public, since the finished projects, in the form of plays or short films, are shown at public events

Main objectives

To raise awareness of occupational risks and how accidents at work occur

To encourage young people to play an active role in creating safety-related content

To use artistic forms (theatre, cinema) to make the message more memorable and encourage creativity

To develop preventative behaviours in everyday life, both at school and, later, in the workplace

To promote prevention as a cross-cutting skill and as a social value

Content

The project comprises:



A professional theatre production, entitled *Vite Spezzate* (Broken Lives), performed in various theatres across the region, which serves as an introduction and a catalyst for reflection.



Online tutorials and educational modules on safety at work, screenwriting and audiovisual production.



Creative workshops and competitions in which pupils create a theatre script or a short film on a prevention-related theme.



A final selection by a jury and the public, through a social media vote, to choose the best productions, some of which are subsequently staged and presented at an official ceremony.

The project is free for schools and can be incorporated into the [*Percorsi per le Competenze Trasversali e per l'Orientamento*](#) (Pathways for Cross-Cutting Skills and Orientation – PCTO), the Italian work-study learning programme.

Results

Since its launch, the *Scuola di Prevenzione* has enabled thousands of pupils in Puglia to learn about occupational risks in an original and engaging way.

Artistic workshops and productions have a lasting impact since young people do not simply receive messages: they become creators and promoters of a culture of prevention. The plays and short films produced are then used as teaching and communication resources, with a reach beyond the educational setting.

The initiative also fosters synergy between schools, institutions and the world of work, embedding the role of prevention in the local community. It illustrates how art and creativity can help pass on occupational risk-prevention values to younger generations.

 **Further information:** <https://www.scuoladiprevenzione.it/>

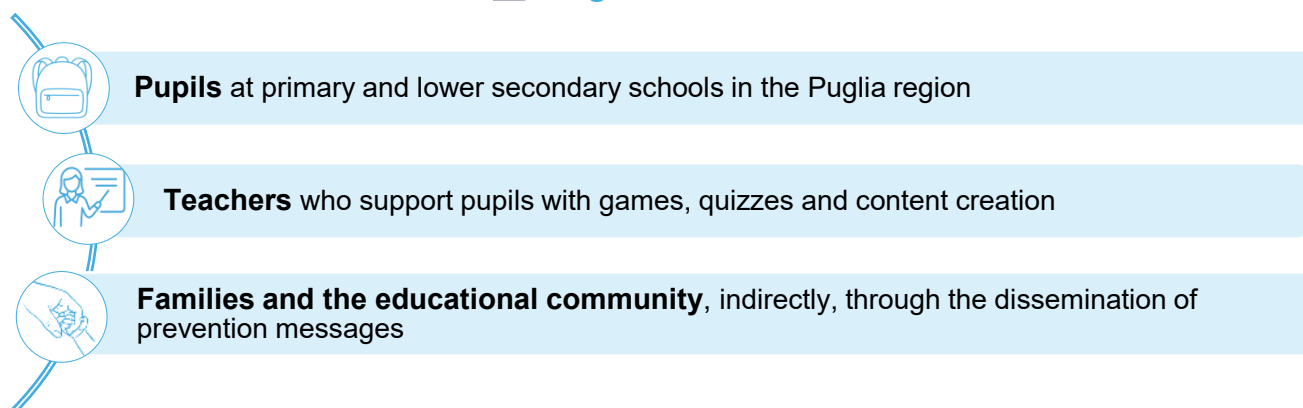


Le Olimpiadi della Prevenzione The Prevention Olympics

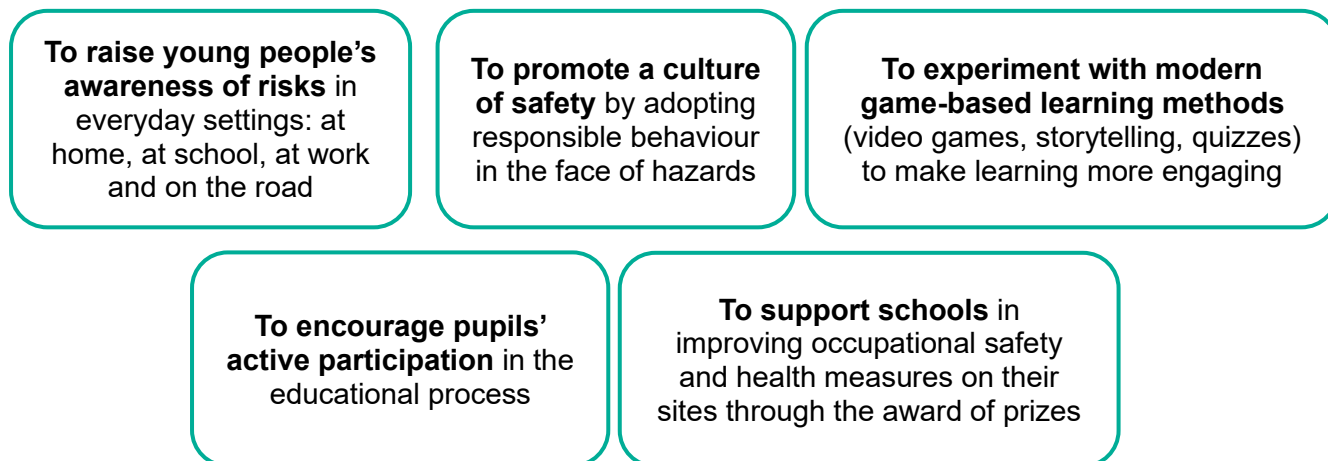


✦ **In brief – ‘ScacciaRischi – Le Olimpiadi della Prevenzione’** (Risk Hunters – The Prevention Olympics) is an educational competition that has been running since 2018 in the [Puglia region](#) of Italy. It uses a video game as its main tool to raise awareness among young people of risks at home, school, work and on the road. Primary and lower secondary school pupils take part through games, quizzes, interactive content and a final Olympic-style competition.

Target audiences



Main objectives



Content

The educational content uses an innovative combination of digital, fun and creative tools designed to capture the attention of children and teenagers while teaching them key prevention concepts.



At the heart of the programme is an interactive video game in which pupils play the *Safebots*, characters tasked with fighting the *DangerBots*, who symbolise the many threats encountered in everyday life. Through various levels of the game, participants explore a range of environments – home, school, work and, in the most recent versions, roads – enabling them to learn about the main risks in each of these settings.



Each stage of progress in the game is marked by **multiple-choice quizzes** that test the knowledge acquired and determine whether players can progress to the next level. This system helps keep pupils engaged and ensures that the game-based element is always accompanied by practical learning.



Alongside this, the game incorporates multimedia educational content – **slides, videos and short films** – which explore the themes in greater depth and adapt the message to different educational levels.

Beyond the games themselves, *the Olimpiadi della Prevenzione* are competitive in nature. Participating classes and schools must **prepare a two-minute presentation video**. These productions are shared on social media and put to a public vote, which gives pupils greater visibility and strengthens their commitment.

This digital interaction complements the assessment carried out by the academic panels and helps determine the finalists. The final stage takes the form of a **prestigious regional competition**, in which the best pupils and schools compete against one another in the spirit of the Olympics.

Results

The *Olimpiadi della Prevenzione* has seen a particularly high and consistent level of participation. Since its launch, the programme has already been held seven times, demonstrating its longevity and strong roots in the regional education system.

During the 2023–2024 round, 61 schools took part, bringing together about 21,000 pupils for games, quizzes and creative competitions. Over the first six years of the programme, **more than 60,000 young people in the Puglia region took part in prevention awareness activities, making** this a very widely followed school-safety initiative in Italy.

The programme's educational effectiveness has been confirmed by a scientific study conducted by the [University of Bari](#): researchers found that participating pupils had gained new safety knowledge and, above all, developed more appropriate responses to hazardous situations. The game-based and competitive nature of the project – using video games, interactive quizzes and social media, strongly motivates those taking part, making them active participants rather than passive recipients of an educational message.

In addition, the programme directly links its educational content to tangible benefits for schools: the prizes awarded to the winners are used exclusively to fund safety initiatives or equipment. Learning therefore goes beyond individual pupils and extends into a safer school environment, reinforcing the consistency between the educational message and its application in the real world.

In addition, the programme's institutional strength contributes to its success. Jointly run by the INAIL, the Puglia Region and the *Ufficio Scolastico Regionale* (Regional School Office), it is based on a tripartite governance structure that ensures its legitimacy and stability.

 **Further information:** <https://www.scacciarischi.it/it/olimpiadi.html>



Blijvend Fit, Veilig en Gezond Werken ***Staying Fit, Safe and Healthy at Work over the Long Term***



✦ **In brief** – The optional module '***Blijvend Fit, Veilig en Gezond Werken***' (Staying Fit, Safe and Healthy at Work over the Long Term) is incorporated into short higher-education courses in the Netherlands. It aims to prepare students for work by teaching them to take account of physical and psychosocial risks, as well as the importance of a healthy lifestyle. The programme, which lasts 240 hours, combines theoretical lessons, practical exercises, self-reflection and work placements.

Target audiences



Students in vocational education from lower-secondary level onwards. This module is generic and therefore offered in many streams, such as technical, services and care.

Main objectives

To enable students to recognise, understand and manage occupational risks – both physical and psychosocial – in a work context

To promote sustainable employability so that graduates can be in work for longer with fewer work-related health problems

To include training on overall health (both physical and mental) and lifestyle factors (way of life, personal habits) that influence the ability to work without long-term harm

To raise awareness of the importance of taking a proactive approach to safety, which means not just following instructions but taking action to prevent, report and discuss hazardous situations

Content

The module comprises a commitment of **240 hours, divided into contact hours, independent study and practical work, depending on the course**. It combines theoretical learning, practical work, self-reflection and fieldwork (or work placements/work experience, depending on the course). The topics covered include:

- **physical risks**, such as working with machinery, awkward postures, heavy loads, noise and hazardous substances
- **psychosocial risks**, such as stress, mental load, harassment and working conditions
- **lifestyle habits**, including physical activity, diet, rest and sleep, tobacco/alcohol use and relaxation, and their impact on being able to work effectively
- **The ability to raise concerns about** dangerous situations and discuss risks openly with managers or colleagues.

The module is designed to be generic, but each institution or course can adapt the examples or exercises to reflect the specific risks associated with the relevant occupation.

Results

The module is offered at a large number of vocational secondary schools.

Students who have taken the course report a **greater awareness of risks in the workplace – both physical and psychological – and an improved ability to identify them and take action**. The module also encourages dialogue between students and their employers (or trainers) on working conditions, which can lead to tangible improvements in practices and greater awareness within the company or workshop.

For example, at [Deltion College](#), teaching staff have noticed that students are increasingly aware of risk-related and safety issues. The skills developed are put to use beyond the educational setting, particularly during the analysis of, and discussions about, work situations encountered during placements. Furthermore, the involvement of partner companies in practical activities is seen as a major strength of the module.

Further information:

<https://www.arboportaal.nl/campagnes/keuzedeel-verdieping-blijvend-fit-veilig-en-gezond-werken>

✦ **In brief – ‘JobbaFrisk’** (Stay Healthy at Work) is a Swedish information and advice platform for young people choosing a course of study or a career. It helps them identify occupational risks and take their health (physical, mental, medical conditions) into account when making career choices.

The website offers practical information sheets, guides and resources for teachers, career advisers and families, as well as webinars. The project is led by the [Centrum för arbets- och miljömedicin](#) (Swedish Centre for Occupational and Environmental Medicine) in the Stockholm region and has a strong scientific basis, including a published knowledge review designed to guide career advice.

It is worth noting that a specific section, *JobbaFrisk-NPF*, which offers tailored advice, is dedicated to young people with neuropsychiatric conditions, such as attention deficit hyperactivity disorder (ADHD) and autism.

Target audiences



Young people choosing a course or occupation at the end of secondary education



Career advisers, teachers, school health staff, parents and all those involved in supporting young people into employment



Young people whose health conditions require particular monitoring (asthma, allergies, musculoskeletal disorders, eczema) and young people with neurodevelopmental conditions, so that they can receive appropriate support

Main objectives

To provide clear information on occupational risks and the applicable regulations

To raise awareness of the possible interactions between certain working environments and pre-existing health conditions

To promote sustainable work: work that safeguards physical and mental health over the long term, to prevent problems from arising or worsening at work

To support young people with cognitive or behavioural conditions using specific tools that improve career guidance for them and promote inclusivity in the job market

Content

The platform offers:



Guides and fact sheets detailing the risks associated with various occupations (dust, noise, heavy lifting, cold working environments) and their potential effects on health.



Thematic resources on illnesses or conditions (asthma, allergies, eczema, muscle pain, mental health) and their compatibility with particular occupations.



A section dedicated to career advisers, teachers and families, which offers practical advice to support young people in their choices and career paths.



Webinars, seminars and events to raise awareness among, and provide training for, those working in education and healthcare.



A section entitled *JobbaFrisk-NPF* featuring educational resources tailored to young people with neuropsychiatric disorders (autism, ADHD), as well as a compilation of research-based knowledge to guide career advisers.

Results

JobbaFrisk is used in many schools and by career guidance networks in Sweden. The platform has recently been adapted to better incorporate neuropsychiatric aspects, in response to a need expressed by employees and families.

It helps young people to ask practical questions about their career prospects, such as: 'Could my asthma be a problem in this job?', 'Can I work in a cold or noisy environment?' or 'What adjustments are available for my neuropsychiatric condition?'.

 **Further information:** <https://www.jobbafrisk.se/>



Induction of young workers into the world of work



Quand tu ne sais pas, tu ne sais pas When You Don't Know, You Don't Know



✦ **In brief** – This communication campaign by the Quebec *Commission des normes, de l'équité, de la santé et de la sécurité du travail* (Commission for Labour Standards, Pay Equity and Occupational Health and Safety – [CNESST](#)) is aimed directly at young workers who have recently been recruited or are taking on new tasks. The main idea is: when a young person does not know how to proceed or is unsure of the safest way to carry out a task, they must ask their employer.

Target audiences



Young people who have recently been recruited or assigned new tasks



Employers

Main objective

To raise awareness among young people, particularly those aged 14 to 24, and their employers **of the** importance of training, information and supervision in OSH

Content

The campaign highlights some of the rights of young people: the right to be informed of the risks, to receive appropriate training, to be supervised and to work in a safe environment. It also reminds the employer of their obligations: to identify and prevent risks, to make adjustments in the workplace, to provide the necessary information and supervision, and to ensure that work is organised appropriately.

The slogan 'When You Don't Know, You Don't Know' emphasises that being unaware of a danger or not knowing your rights can have serious consequences. Not knowing is presented not as a fault, but as a risk that must be averted through information and prevention.

The campaign is disseminated through:



Short videos featuring influencers, who are shown in work situations illustrating the difficulty and importance of saying 'STOP' when in doubt. These are posted on social media platforms, such as Facebook, Instagram, YouTube and TikTok.



Advertisements on television and streaming platforms depicting high-risk workplace situations.



Posters and leaflets distributed in schools, vocational training centres and workplaces.



A dedicated website featuring educational resources, personal accounts, and tools to help identify and prevent risks more effectively.



To complement this media campaign, the Commission has launched a **YouTube channel, 'Le cœur à l'ouvrage' (Putting Your Heart into Your Work), specifically aimed at young people**. Unlike the Commission's official channel, it adopts a more direct and light-hearted tone that is tailored to a young audience.

The content on offer is varied: explanatory videos, themed challenges and music videos, as well as personal accounts and role-play scenarios. The aim is to address topics that young people may see as remote or theoretical (OSH, employment law, pay equity), using accessible formats and language.

Results

The results of evaluations of the '*Quand tu ne sais pas, tu ne sais pas*' campaign are very encouraging: nearly 9 out of 10 young people say they took concrete action after seeing it, such as asking for instructions, reporting a risk or discussing it with an employer or someone close to them.

Further information:

- <https://www.cnesst.gouv.qc.ca/fr/campagnes-sensibilisation-promotion/quand-tu-ne-sais-pas-tu-ne-sais-pas>
- https://www.youtube.com/@lecoeuralouvrage_cnesst

✦ **In brief** – Prevention Teams is a flagship initiative of the Quebec *Commission des normes, de l'équité, de la santé et de la sécurité du travail* (Commission for Labour Standards, Pay Equity and Occupational Health and Safety – [CNESST](#)), designed to raise awareness specifically among young people of occupational safety and health, employment law and pay equity.

Main objective

To reach out to young people in schools and workplaces to convey practical messages tailored to their circumstances

Content

The Youth Prevention Team

This team works mainly in upper secondary schools, particularly with students on a Work-Orientated Training Path (*'Parcours de formation axée sur l'emploi'* – [PFAE](#)). These young people, who are often more vulnerable because of learning difficulties or because they are preparing for semi-skilled occupations, work in sectors with a high risk of accidents.

The workshops are fun, interactive and designed to be easy to understand. They take the form of **games**, **role-play scenarios** or **practical exercises**, enabling students to develop basic prevention skills and to know their rights at work.

Since its launch in 2022, as part of a post-Covid pilot project, the programme has been progressively rolled out across the regions of Quebec. In 2023, about 11 prevention officers covered 6 to 7 regions, with **the long-term aim of extending coverage to all 18 administrative regions**.

Teachers play a key role, actively helping to deliver the workshops. They value the content highly, finding it clear, relevant and easy to incorporate into their teaching. The evaluation is based on **questionnaires** and **qualitative feedback** from teachers, which confirm the effectiveness and relevance of the sessions.

The New Worker Prevention Team

This second team is mainly deployed **during the summer**, between May and August each year, which coincides with the period when many young people and new workers are taken on.

The team consists **of university students, employed full-time** over the season, **who deliver presentations directly in workplaces** across all regions of Quebec. Every year, about 400 presentations are given to employers and young people entering the world of work.

Training of the team is rigorous: it takes place over **three intensive weeks** and includes practical exercises, facilitation and communication techniques, and teaching resources. **The in-company sessions then last for about one hour** and focus on the prevention process: identifying risks, measures to eliminate or prevent them and the rights and obligations of employers and employees.

The workshops and examples are tailored to sector-specific working environments (kitchens, warehouses, factories, childcare centres), in order to maximise the impact and relevance of the messages. Employers welcome these presentations, particularly as they are free of charge and support the smooth induction of newly recruited young people.

 **Further information:** <https://www.cnesst.gouv.qc.ca/fr/service-clientele/escouades-cnesst>



✦ **In brief** – The Swiss cantons' OSH prevention initiative, 'SAFE AT WORK', was created in 2010⁷ to implement the 'Vision 250 Lives' programme with the aim of reducing both accidents at work and occupational diseases. As part of this initiative, the '**Be smart Work Safe**' campaign was created specifically for young people.

In Switzerland, young workers, particularly apprentices, are especially vulnerable to accidents at work. *Be smart Work Safe*'s message '**Be a SMARTWORKER**' aims to engage young people in promoting a culture of safety, from the very start of their working lives, by providing them with tools and knowledge. It examines workplace safety from a Generation Z (born between 1997 and 2012) perspective, using social media as the main channel of communication.

SAFE AT WORK is now tasked by the cantons through the [Swiss Intercantonal Prevention Unit](#) with coordinating national prevention campaigns.

Target audiences



Apprentices and young workers at the start of their careers



Companies seeking to improve their prevention policy for young workers



Trainers, human resources managers and OSH managers who support the induction of young people

Main objectives

To raise young people's awareness of the risks associated with their working environment

To develop a prevention culture

To encourage the adoption of safe and responsible behaviour, particularly in high-risk sectors

⁷ The 'Vision 250 vies' (Vision 250 Lives) programme aimed to significantly reduce the number of serious or fatal accidents at work in Switzerland, with the specific objective of preventing 250 workplace-related deaths over a ten-year period (2010–2020).

Content

The ‘Be a SMARTWORKER’ programme is characterised by its use of social media and a wide range of visual materials (posters, videos, digital animations), particularly through:

- **Safety Quest**, launched in late 2024, is a game-based tool designed to raise young people’s awareness of OSH. This interactive map, developed within the video game Fortnite and promoted by gaming influencers, offers quests inspired by real-life situations in various trades. The first environments to be rolled out are garages and bakery-confectionery businesses, where players must, for example, handle tools, sort hazardous substances or follow hygiene rules.
- **Safety Bars**, which presents 12 safety rules through music and humour in 15 rap videos that feature various artists and are mainly shared on TikTok and Instagram. After the clips are released, the campaign continues at open-air festivals in Frauenfeld and Gampel, where the mascot, Dave, and an interactive stand, provide opportunities to speak directly with young people through engaging activities that reinforce the prevention message.

Results

Evaluation reports show that the campaign is widely recognised among young apprentices. **In 2018⁸, about 53% of young people were aware of the campaign and 60% recognised its slogan.** More than 80% correctly identified it as an OSH programme. In 2022⁹, awareness increased further: 65% of young people were familiar with the brand and 92% knew that it concerned workplace prevention. Of those who are aware of it, 59% say they keep up to date with safety information and 51% use the campaign’s platforms.

Surveys also show an improvement in basic knowledge. **Nearly 90% of young people can identify good and bad safety behaviour in the scenarios presented.** More than half say they ‘think regularly about safety’ in their day-to-day work. The Swiss Federal Coordination Commission for Occupational Safety interprets this as a positive impact on awareness.

In the digital space, these new initiatives (2023–2024) – *Safety Bars*, *Safety Quest* and TikTok videos – have seen a total of over **four million views**.¹⁰

Further information:

- www.safeatwork.ch
- <https://www.bs-ws.ch/fr/campagne>

⁸ [Schweizerische Eidgenossenschaft, EKAS 2019 JAHRESBERICHT.](#)

⁹ [Schweizerische Eidgenossenschaft, EKAS 2022 JAHRESBERICHT.](#)

¹⁰ [Swiss Confederation, Federal Coordination Commission for Occupational Safety, 2024 Annual Report.](#)



Apprentissage en toute sécurité Safe Apprenticeships

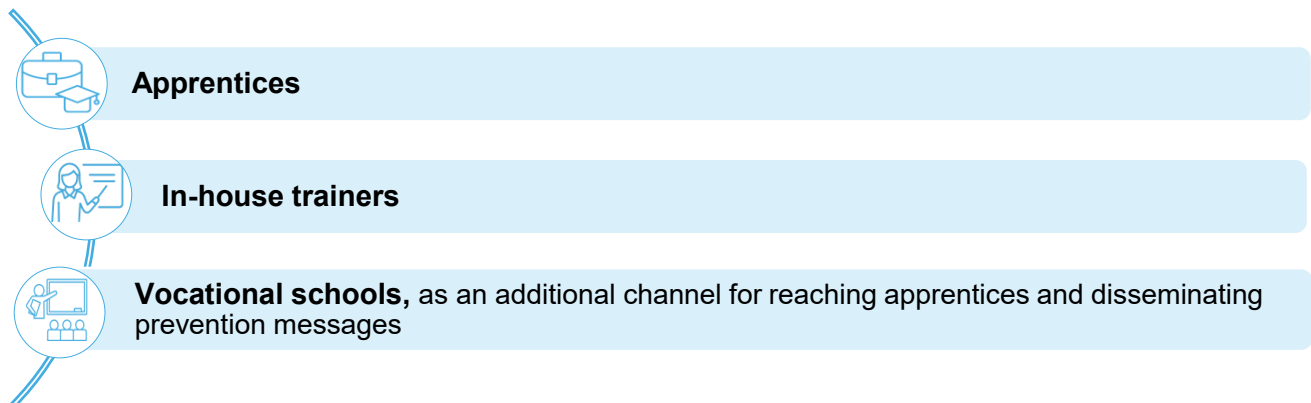


✦ **In brief** – In Switzerland, vocational education and training is largely based on an apprenticeship system. Every year, thousands of young people join a company that offers hands-on training while also receiving theoretical training at a vocational school. However, this widely used and recognised model exposes young people to an increased risk of accidents: according to the Swiss National Accident Insurance Fund (Suva)'s statistics, nearly 23,000 apprentices suffer accidents at work every year and about one in five is injured during leisure activities.¹¹

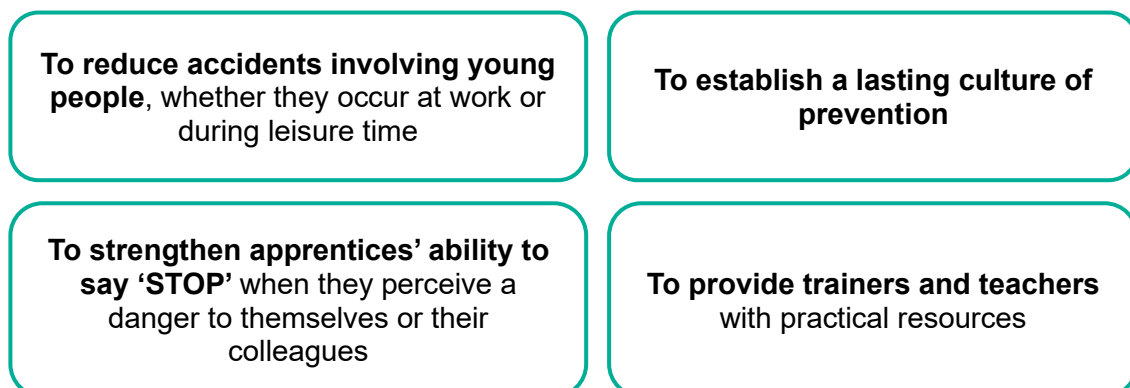
These figures point to particular vulnerabilities, such as lack of experience, underestimation of risks, and social pressure or difficulty in saying no. Recognising these challenges, Suva launched the '*Apprentissage en toute sécurité*' (Safe Apprenticeships) programme in 2012 to strengthen a culture of prevention from the moment young people enter working life. One of the key messages is the right (and duty) to say 'STOP': if a situation involves uncertainty or risk; apprentices must feel safe to stop work and ask for help.

This multi-targeted approach ensures that the message reaches not only young people themselves but also those directly around them.

👥 Target audiences



🎯 Main objectives



¹¹ [SUVA, Le mot le plus important pour un apprentissage en toute sécurité : STOP.](#)

Content

The programme is based on a range of tools, including:



A Ten-Step Charter for Safe Apprenticeships, the initiative's key document and guiding framework. It structures prevention measures from the start of the apprenticeship contract and covers the central occupational safety and health issues.



An emblematic 'Right and Duty to Say 'STOP'' card, given to each apprentice and co-signed by the in-company trainer, formally recognising the right to refuse a dangerous task.



A workbook and online exercises, now available in a digital and flexible format, which enable users to select the most relevant exercises according to their sector of activity (construction, electrical, healthcare, transport).



Thematic prevention modules, available for different audiences (apprentices, trainers, businesses), often in a self-directed learning format or delivered by a specialist.

- Module 1: ten exercises to raise apprentices' awareness of risks, whether at work or during their leisure time
- Module 2: the '*Danger Zone*' module, featuring case studies and interactive exercises
- Module 3: an experiential circuit lasting about an hour, used in the workplace or at school and supervised by one of the Fund's trainers, enabling participants to experience first-hand the consequences of an accident (for example, cognitive difficulties following a head injury).



Visual and interactive materials, such as posters, videos and 'safety flashes' to spark discussions, as well as '*Fit for Work and Life*' modules on stress management, sleep and risk-taking behaviour.

There is also **a prevention network for apprentices**. Launched in 2024 and coordinated by Suva, this is a collaborative platform that brings together prevention experts from various fields (mental health, physical health, addictions, accidents, the working environment). Its coordinated action provides trainers with a range of varied and specialist tools that fully support apprentices in their training and well-being.

Results

The Fund places strong emphasis on the scientific evaluation of its campaigns. The programme is assessed every three years to measure changes in safety-related behaviour, based on the Risks, Attitudes, Social Norms, Abilities and Self-regulation (RANAS) model¹².

¹² Mosler, H.J., "RANAS"-Modell

A multilingual online questionnaire (in German, French, and Italian) is sent to apprentices and trainers. **In 2025, nearly 770 responses were analysed.**

The programme has already helped to:

- give greater visibility to the issues facing young workers
- embed the right to say 'STOP' as a core principle
- make simple and widely adopted tools available (for example, the Ten-Step Charter).

However, the Fund continues to identify areas for improvement, in particular:

- to make the tools more widely available to training companies and vocational schools
- to target apprentices more directly, for example, through social media.

By engaging young people, their trainers and schools, it establishes an integrated and participative approach. Regular evaluation enables activities and materials to be adjusted and ensures they remain relevant.

 Further information:

<https://www.suva.ch/fr-ch/prevention/conseil-cours-et-offres/apprentissage-en-toute-securite>

 **In brief** – The ‘**God modtagekultur**’ (Good Induction Culture) programme is a Danish national initiative aimed at strengthening the induction and integration of new employees. It has been developed by the [BrancheFællesskabet for Arbejds miljø velfærd og offentlig administration](#) (Danish Sector Partnership for the Working Environment in Welfare and Public Administration – BFA), a joint body representing the social services and public administration sectors, and a prominent Danish body in occupational risk prevention and workplace well-being.

Main objective

The programme takes the view that induction is not limited to the first few days at work but is part of a gradual process spread over the first weeks and months. This period plays a key role in **enabling new recruits to understand their** roles, take ownership of safety rules, integrate into the work team and develop a sense of belonging to the organisation.

Content



The scheme offers employers and their teams a range of practical tools: sector-specific guides, checklists, recommendations, questionnaires and examples of good practices. These resources stress the importance of advance preparation, a structured induction from day one and regular follow-up throughout the first few weeks.



This campaign also encourages companies **to appoint a designated contact person** to support new recruits and help them settle in both socially and professionally.



There is a particular emphasis on young employees, especially those entering the world of work for the first time and those under 18. The approach emphasises dialogue, mutual listening and the idea that the whole team, not just the manager, plays an active role in the quality of induction.

 **Further information:** <https://www.godtarbejds miljø.dk/trivsel/god-modtagekultur>

✦ **In brief** – The **Ungmedjob.dk** website is a Danish national initiative specifically dedicated to prevention, which provides information and support to young workers. It is primarily aimed at teenagers aged 13 to 17 who are taking their first steps into the world of work, but also at those already working in student jobs or early-career roles. The website has been developed and is provided by the [BrancheFællesskabet for Arbejdsmiljø velfærd og offentlig administration](#) (Danish Sector Partnership for the Working Environment in Welfare and Public Administration – BFA), joint employer–employee bodies that work on prevention in specific sectors, in collaboration with the [Arbejdsmiljørådet](#), the Working Environment Council.

Target audiences



Young people, who can find simple, practical answers to their questions



Employers, who can use practical resources to help them provide effective induction for young people, covering legal obligations, safety instructions, the workplace tutor's role, appropriate communication and risk prevention



Parents, who can find information, particularly on legislation, enabling them to better support their children, check that working conditions comply with the law and help prevent accidents



Teachers, who can access teaching modules and ready-to-use materials to incorporate awareness of occupational safety and health, and employment law, into their lessons

Main objective

To ensure that this early introduction to the world of work takes place on the best possible footing, in terms of risk prevention, equality and respect for rights

Content

The content covers a wide range of topics: employment legislation relating to minors, restrictions on physical activities or the use of machinery, protection against hazardous substances, the organisation of working time, and the prevention of harassment and support in the event of problems.

The explanations are presented clearly, with practical examples and visuals tailored to a young audience, **enabling young people to find answers to their questions**: What types of work are permitted at what age? What are the maximum working hours? Which dangerous tasks are they prohibited from carrying out? What are their rights in terms of pay, rest periods and protection against harassment?

In addition, *Ungmedjob.dk* promotes a shared culture of prevention by **giving everyone around the young worker a responsibility for prevention**.

 **Further information:** <https://www.ungmedjob.dk/>



Assegura't el moment! #caprisc **Make Every Moment Safe! #NoRisk**

✦ **In brief – ‘Assegura't el moment! #caprisc’** (Make Every Moment Safe! #NoRisk) is an occupational safety and health awareness campaign aimed at young people and launched by the Catalan regional government through the [Departament de Treball, Afers Socials i Famílies](#) (Department of Labour, Social Affairs and Families) and the [Institut Català de Seguretat i Salut Laboral](#) (Catalan Institute for Occupational Safety and Health).

It aims to strengthen occupational risk prevention among young workers and students, a group that is particularly vulnerable due to their lack of experience and training. The key message, summed up in the slogan ‘Make Every Moment Safe! #NoRisk’, stresses the importance of making the most of every moment safely by preventing risks.

Main objective

To promote a strong culture of prevention among young people, by encouraging them to adopt responsible behaviour both in the workplace and their everyday lives

Content

 **The campaign is based on a modern, multimedia** approach designed to capture young people's attention: it uses visual content, such as animated GIFs, videos and short, punchy messages shared on social media using the hashtag #caprisc. It also provides posters, leaflets and flyers for schools, universities and businesses, as well as subtitled videos to ensure accessibility.

 **The messages cover a wide range of practical situations:** maintaining a good posture when working at a computer, varying movements, taking regular breaks, lifting loads correctly, using appropriate protective equipment, following safety instructions, avoiding rushing and being mindful of risks associated with noise or chemicals.

🌐 **Further information:** [https://treball.gencat.cat/ca/ambits/seguretat_i_salut_laboral/promocio_i_campanyes/sensibilitzacio/campanya-joves/index.html#googtrans\(ca|es\)](https://treball.gencat.cat/ca/ambits/seguretat_i_salut_laboral/promocio_i_campanyes/sensibilitzacio/campanya-joves/index.html#googtrans(ca|es))

✦ **In brief** – Aimed at young people starting out in the world of work, **‘Mortel Ton Taf’** (Your Job Could Be Deadly) is a French awareness campaign run by the [French National Research and Safety Institute for the Prevention of Occupational Accidents and Diseases](#) (INRS) since 2019. Its aim is to enhance understanding of the particular risks that new employees are exposed to. The initiative is based on short videos, personal accounts and digital resources, all with a direct and powerful tone, and tailored to the language young people use. It aims to instil preventative habits, remind people of their rights and duties, and encourage discussions with supervisors. The key message is that even a casual job or first job involves real risks, and adopting a safety culture from the outset can save lives.

👥 Target audiences



Young people aged 15 to 25, whether in work placements, apprenticeships, summer jobs, in their first jobs or at the start of their careers



Employers and supervisors who take on young workers

🎯 Main objectives

To encourage good safety habits:
asking for instructions, wearing the right protective equipment and refusing dangerous tasks

To raise young people’s awareness of the occupational risks they may face from their very first work experiences

To challenge preconceptions about accidents at work and risk-taking behaviour

To promote a common culture of prevention between young people and their employers

📺 Content

The campaign uses a range of media tailored to young people’s communication styles and is widely promoted through social media, a dedicated website and partnerships with schools, in order to reach as many young people as possible.



Comedy web series: The website promotes a web series featuring the French comedian, which satirises common misconceptions about occupational hazards:

- ‘Risks are part and parcel of the job’
- ‘Accidents at work only happen to other people’
- ‘As long as I’m properly equipped, nothing can happen to me’
- ‘Prevention is complicated’
- ‘There’s nothing I can do about the risks’
- ‘There are no risks at work’



Awareness tests and quizzes: The site offers a general ‘take the test’ and thematic quizzes (for example, road risks) that help young people gauge their level of exposure to the risks they encounter.



Thematic risk fact sheets: For each type of risk (noise, falls, stress, chemicals, alcohol, drugs, musculoskeletal disorders, road traffic risks), the website offers:

- a definition of risks
- explanations of the consequences
- behaviours to adopt and avoid
- the people to contact in the company.



True/False, key figures, and practical advice: Some thematic pages include interactive formats (‘true or false’) or key statistics (for example, in the road section, road traffic is presented as the leading cause of workplace deaths).



On-the-ground activities and outreach: Activities are organised in parallel in schools and workplaces, often led by teachers of ‘*Prévention Santé Environnement*’ (Prevention, Health and Environment), regional *Assurance Maladie* (Health Insurance) funds or Occupational prevention and health services (SPST).



Video competitions and prevention workshops give young people an opportunity to share their views on work and occupational risks.



In 2024, new engagement formats such as podcasts, influencer campaigns and web series were trialled to raise even greater awareness among the target audience.

Results

The digital advertising campaign generated nearly **13 million impressions** – the total number of times the content was displayed.

In addition, over **7,000 posters and leaflets were** ordered by schools, demonstrating that the printed materials were also widely disseminated.

The video content recorded over 627,000 views while a special campaign run with French digital media outlets [Démotivateur](#) and [Topito](#) generated about 20,000 visits to the relevant articles.

Lastly, the www.mortel-ton-taf.fr website recorded over **150,000** visits during the campaign.



Further information:

<https://www.inrs.fr/actualites/MortelTonTaf-sensibiliser-jeunes-salaries.html>



✦ **In brief** – The ‘*Keep Teen Workers Safe*’ campaign is a United States national initiative that aims to raise awareness among teenagers, their parents, employers and teachers about the dangers young people face when they start working. Each year, thousands of minors in the United States are injured in their first jobs, often because of limited experience, inadequate training or a lack of awareness of their rights. This campaign aims to reverse this trend by equipping young people with the tools they need to protect their safety and health from the very beginning of their working lives.

Target audiences



Teenagers in seasonal or part-time jobs



Employers, parents and teachers, with a view to creating a supportive environment for all

Main objectives

To teach young people to recognise dangerous situations

To remind adults of their responsibilities regarding prevention and compliance with the law

Content



Keep Teen Workers Safe provides a **wide range of educational and communication resources**. In these, young people can find practical advice on the most common risks, such as falls, burns and exposure to heat. Clear guidelines also explain which types of work are prohibited by law for minors and what their rights are in relation to occupational safety and health. Teachers have resources to help **them address these topics** in the classroom, and employers can draw on ready-to-use posters, videos and infographics to raise awareness in the workplace.



The campaign is backed by federal agencies such as the [Occupational Safety and Health Administration](#) and the [National Institute for Occupational Safety and Health](#), which provide **scientific expertise and institutional support**. The messages are also shared on social media to reach teenagers more directly.

By putting prevention at the heart of young people’s work experience, ‘*Keep Teen Workers Safe*’ aims to foster a lasting culture of prevention from an early stage.

 **Further information:** <https://www.keepteenworkerssafe.org/>



**Initiatives targeting particular
risks or sectors**

✚ **In brief** – In 2016, the Linz regional branch of the [AUVA](#) (Austrian Workers' Compensation Board) launched the '**500 Leben**' (500 Lives) project in response to a concerning finding: falls from height are among the most frequent and serious causes of accidents in construction, particularly among young people in training.

In 2024, 2,923 accidents at work involving falls were recorded, accounting for more than a fifth of the construction site accidents reported to the AUVA.

The average cost of an accident at work is about €30,000 or even more for more serious accidents: A fall from a ladder, scaffolding or roof, for example, typically costs over €55,000 per accident.

The main aim is to prevent these accidents by intervening at a very early stage in these future workers' careers, through practical and immersive training.

🔧 **Sector:** Construction

⚠️ **Target risk:** Falls from height

👥 Target audiences



Apprentices in carpentry, roofing, roof sheet-metal work, installation and insulation trades



Partner vocational schools, which receive the programme free of charge, funded and organised by the AUVA

🎯 Main objectives

To strengthen a prevention culture from the very start of young people's working lives

To reduce the number of serious accidents caused by falls

To develop the right habits regarding safety and the use of equipment

To raise awareness of collective responsibility on construction sites; everyone's safety depends on others being alert too

Content

The training takes place on site over half a day, in safe, realistic conditions. It uses a progressive approach, tailored to the participants' level of learning:

First year of the apprenticeship:

- introduction to the risks associated with working at height
- learning how to wear a safety harness and use anchorage systems correctly
- basic exercises in moving around safely at height.

Second year:

- more advanced safety techniques
- an introduction to controlled descent techniques.

Third year:

- training in rescue and self-rescue techniques
- simulations of complex emergency situations requiring the rapid intervention of a colleague.

Each session is supervised by experienced trainers and AUVA instructors, with a strong emphasis on putting knowledge into practice immediately. Following the training, the companies employing the apprentices receive a certificate of attendance, with the aim of also raising employers' awareness of OSH.

Results

Over 6,300 apprentices took part in the training programme between 2016 and 2025. Although the AUVA does not publish a specific quantitative impact report for the programme, qualitative feedback from vocational schools and instructors indicates a direct effect on apprentices' safety awareness and technical proficiency. The training is seen as practical, useful and motivating. Its success is based on:

- a practical and immersive approach
- integration into the curriculum
- close cooperation between the AUVA and vocational education institutions.

According to the programme manager, a key challenge is to present information in a way that **holds young people's attention throughout the training**, while giving them useful knowledge for the future. This is why the initiative takes a practical approach, enabling participants to gain hands-on experience with personal protective equipment (PPE) for fall protection in real-world conditions. Another challenge is to **encourage apprentices to raise this issue in the workplace**, particularly when they notice that some workers – especially the more experienced ones – are not using protective equipment in high-risk situations.

 **Further information:** <https://auva.at/blog/aktion-500leben/> & <https://auva.at/>

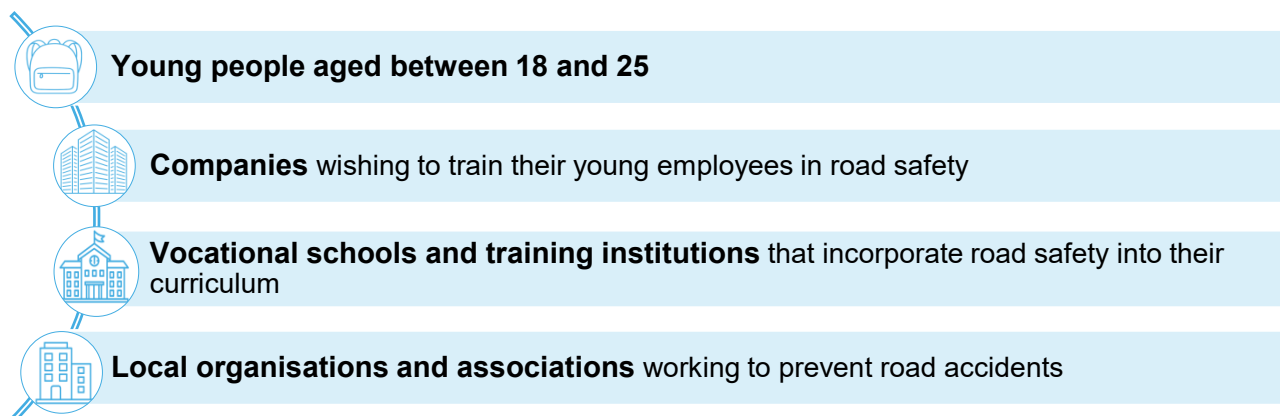
Alles im Griff? ***Everything Under Control?***

✦ **In brief** – The ‘*Alles im Griff?*’ (Everything Under Control?) programme was developed by the [Deutscher Verkehrssicherheitsrat](#) (DVR), i.e., the German Road Safety Council. This programme is aimed at young adults, particularly new drivers, to raise awareness of road risks and strengthen safety awareness – given that 18–24-year-olds account for 10.8% of road fatalities.

The DVR provides teaching materials and trains facilitators to ensure the quality and effectiveness of the sessions. The programmes are offered free of charge to partner institutions.

⚠ **Target risk:** Road risks

Target audiences:



Main objectives

To raise awareness among young adults of the specific dangers of road traffic

To improve young people's ability to assess risks and adopt safe driving behaviours

To promote responsible driving, particularly with regard to speed, alcohol, drugs and distracted driving

Content

The programme consists of four 45-minute sessions, led by facilitators, trained by the Council, with a maximum of 15 participants. The course takes a participatory approach, combining theory and practice:

 **Case studies** based on real-life situations.

 **Role-play** exercises to illustrate the consequences of certain behaviours.



Sharing experiences among participants to raise collective awareness. This method aims to encourage critical thinking and to promote safe and responsible driving behaviour.

Guided discussions are held on topics such as:

- communication and understanding between drivers
- risk-taking behaviour and thrill seeking
- personal responsibility and adherence to the rules
- the effects of alcohol and drugs on driving.

Results

Although no formal evaluation has been carried out to date, feedback from participants and organisers suggests a significant improvement in road safety awareness among the young adults who took part in the training. Participants report a better understanding of the risks and a greater tendency to adopt safer driving behaviour.

 **Further information:** <https://www.dvr.de/mensch-im-verkehr/kinder-junges-fahren/junges-fahren/seminarangebote-fuer-junge-menschen>

✦ **In brief** – The ‘*Sicher in meiner Region*’ (Safe in My Region) programme analyses young people’s daily commutes, identifying high-risk areas and providing targeted awareness-raising to prevent accidents on work-related journeys.

In Germany, accident insurance funds and trade associations have found that this group consistently has more fatal road accidents than fatal accidents from other causes. In 2024, 31,442 young people under the age of 30 were injured in road traffic accidents at work or while commuting. 64 young men and women lost their lives in such accidents (German Social Accident Insurance, 2025).

The project is led by the [Deutscher Verkehrssicherheitsrat](#) (DVR), i.e., the German Road Safety Council, in cooperation with accident insurance funds, trade associations, and various educational and technical partners.

⚠ **Target risk:** Road risks

👥 Target audiences



Young employees, apprentices and trainees aged between 16 and 29

🎯 Main objective

To reduce the high risk of road accidents involving young people travelling to and from work or on work-related journeys

📚 Content

In order to reduce this risk in the long term, the project is based on an innovative approach that is firmly rooted in their local area:



Identifying accident-prone areas: using police data, regional black spots are identified throughout Germany and presented in the form of videos and animations for self-directed learning.



Face-to-face seminars: the programme includes two seminars, facilitated by specialist trainers. These sessions help to raise participants’ awareness of the hazards around them on the road.



Online self-directed learning phase: between the two seminars, participants study a guided online module, using individual observation tools on selected road sections in their region.



Returning to the digital space through the platform www.sicher-in-meiner-region.de, young people can access videos, animations and analysis exercises directly linked to local danger zones.

Results

The ‘*Sicher in meiner Region*’ programme has been evaluated for several years since its launch¹³.

The results highlight **positive effects on knowledge, attitudes and perceptions of road risks** among the young participants, particularly in relation to risk-taking behaviour on journeys to and from work.

The evaluation has highlighted greater awareness of dangerous situations, a shift towards more cautious behaviour and positive feedback on the interactive formats and **the content's regional focus**. These findings are based on before-and-after figures and qualitative feedback from participants, confirming the relevance of the scheme for strengthening prevention among young audiences.

 **Further information:** <https://www.sicher-in-meiner-region.de/>

¹³ [Deutscher Verkehrssicherheitsrat \(DVR\), Sicher in meiner Region – Evaluationsbericht \(Kurzfassung\), 2025.](#)

BGN-Azubi-App In den Beruf starten — fit und gesund ***Starting Your Career — Fit and Healthy***

✦ **In brief** – Starting out in the world of work is a crucial period, particularly in the demanding hospitality and catering sectors, where young apprentices and new employees face significant physical and mental demands. Fatigue, stress, repetitive movements, awkward postures and difficult working conditions can increase the risk of accidents, occupational diseases or burnout during the first few years of employment.

Recognising these challenges, in 2015, the [Berufsgenossenschaft Nahrungsmittel und Gastgewerbe](#) (German Social Accident Insurance Institution for the Foodstuffs and Catering Industry – BGN), which is responsible for preventing accidents at work and occupational diseases in these sectors in Germany, developed the mobile app, **BGN-Azubi-App**, as part of the ‘Innovation and Demographic Change in the Catering and Hospitality Sectors’ project.

The app aims to support young workers from the very start of their careers, promoting healthy, sustainable integration into the workplace, with an emphasis on promoting prevention and health.

🔧 **Sector:** Hospitality and catering

Target audiences



Apprentices in the hospitality and catering sectors, the bakery sector and other food sectors covered by the German Social Accident Insurance Institution for the Foodstuffs and Catering Industry



Young employees who are starting their careers and want to stay informed and protect themselves effectively



Trainers, and safety and health managers, who can incorporate the app into their training modules to enhance their teaching

Main objectives

To support young apprentices and employees in managing the specific demands of their professions by providing them with practical and accessible resources on their smartphones

To promote a culture of prevention and safety by providing clear and relevant information on good practices in the workplace

To support users' mental and physical health through advice on stress management, nutrition, sleep and physical activity

Content

The *BGN-Azubi* app is available free of charge on the *Google Play Store* and the *Apple App Store*. It is divided into six areas: career, stress, sleep, physical activity, diet and emergencies. It offers advice on the following topics:

- **occupational risk prevention**, with practical recommendations on working postures, accident prevention, fatigue management, and protection against chemical and biological hazards
- **stress management and psychological well-being** through tools for recognising the signs of stress, relaxation techniques, and tips for balancing work and personal life
- **nutrition and healthy living**, including information on diets suited to work schedules and constraints, the importance of staying hydrated and advice on maintaining good physical fitness
- **videos and tutorials** demonstrating practical, safe working techniques, physical exercises to prevent musculoskeletal pain and personal accounts presented by experts or peers
- **quizzes and interactive** modules to reinforce the knowledge gained and encourage user engagement
- **customised features**, such as notifications and reminders tailored to the user's profile and specific needs, encouraging regular and proactive use.

Results

In particular, the app was promoted through a postcard with a QR code to download it, press releases aimed at specialist hospitality and catering magazines, and promotion at a hospitality and catering trade fair in Nuremberg in 2015. In addition, **all vocational schools offering training in the hospitality and catering sector received a media pack** about the app (a poster, a presentation on a USB stick, a set of postcards).

Between 2015 and 2017, **the *BGN-Azubi* app was downloaded nearly 2,500 times**. Two satisfaction surveys were carried out some time after the app was launched. They showed that the app was well received by apprentices in the hospitality and catering sector. **Over 75% gave positive feedback**. The most popular features are the sleep-cycle-based alarm, relaxation exercises, short career videos (for example, two well-known chefs and a restaurant manager are interviewed about their own training and offer advice on how to succeed in an apprenticeship), and an animation tool that estimates the strain placed on the lumbar spine when handling heavy loads.

Further information:

- <https://play.google.com/store/apps/details?id=de.bgn.fitundgesund>
- <https://www.bgn.de/praevention-arbeitshilfen/sicher-und-gesund/forschung#c48807-16260>
- <https://publikationen.dguv.de/forschung/iag/iag-report/3344/iag-report-3/2017-evaluation-in-der-gesetzlichen-unfallversicherung-beispiele-aus-der-projektarbe?c=38>
- www.bgn.de

✦ **In brief** – The ‘**TutoPrev'**’ scheme was developed by the [French National Research and Safety Institute for the Prevention of Occupational Accidents and Diseases](#) (INRS) and the [Assurance Maladie \(National Health Insurance\) – Occupational Risks Branch](#) to help young people and new recruits identify the occupational risks associated with their future work.

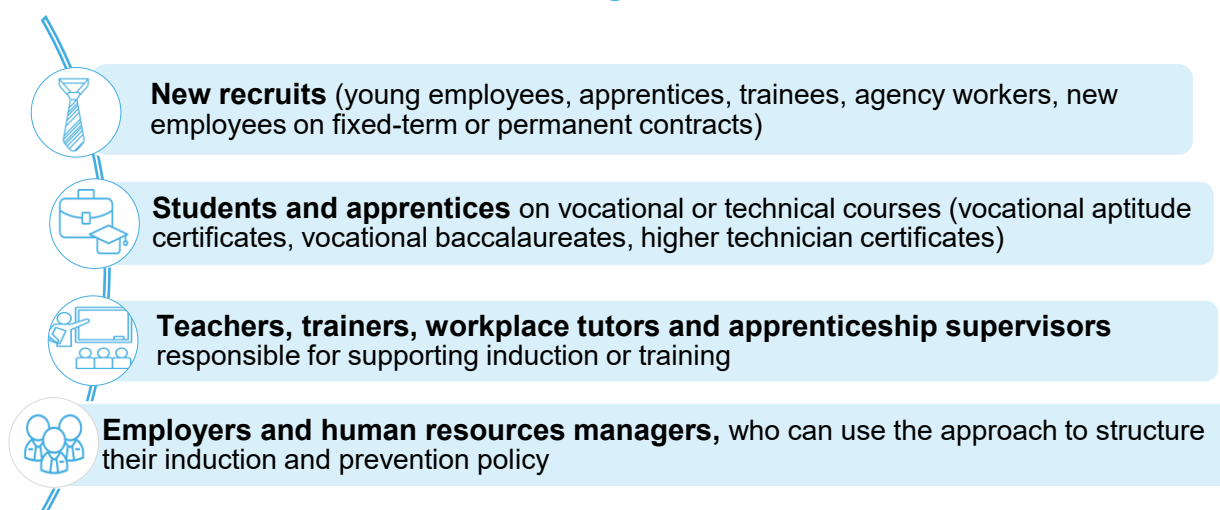
Every year, statistics show that employees under 25 and those with less than one year's service have the highest rates of accidents at work, and nearly a quarter of all accidents involve a newly recruited employee. These figures reflect a vulnerability linked to a lack of awareness of the dangers, a lack of experience and, in some cases, inadequate supervision during the first few weeks.

The **TutoPrev'** tools are specifically designed to address this issue and aim to turn mentoring and induction into a strong opportunity for prevention education by equipping both young people and those who support them (workplace tutors, apprenticeship supervisors, trainers). **TutoPrev'**'s aim is to transform the induction process for young people – which is often merely a formal, administrative procedure – into a key stage in fostering a culture of prevention.

🔧 **Sector:**

Personal care at home and in care homes	Industrial maintenance	Cleaning
Construction and Public Works	Food	Automotive repair
Retail	Beauty	Road haulage
Hospitality and catering	Energy for buildings	Office work
Logistics	Carpentry	

👥 **Target audiences**



Main objectives

To raise young people's awareness of the key principles of OSH

To develop their ability to observe and analyse in real-life work situations

To help young people identify hazards and their causes, and then propose appropriate preventative measures

To provide workplace tutors and trainers with practical, structured tools for integrating prevention into induction, training and skills assessment

Content

The approach is structured around three complementary tools:



***TutoPrév' Accueil* (TutoPrév' Induction) – Raising awareness from the moment employees join a company**

This first module is aimed at workplace tutors and supervisors responsible for welcoming new employees, apprentices or trainees into the company.

It features illustrated scenes showing work situations relevant to the company's sector (construction, catering, logistics, maintenance, cleaning, beauty), accompanied by questions and analysis sheets.

The aim is to establish a structured dialogue between the workplace tutor and the young person, focusing on three key questions: What can I see? What might happen? What can be done to prevent the accident?

This discussion makes it possible to check that the young person understands the situation, identify their training needs, and make the induction process more participatory and practical.

TutoPrév' Accueil, then, is a facilitation tool that helps communicate good practices and encourages young people to take responsibility from the moment they enter the workplace.



***TutoPrév' Pédagogie* (TutoPrév' Education) – Providing training and long-term support**

TutoPrév' Pédagogie is aimed at teachers in vocational secondary schools and trainers at apprenticeship training centres who work on vocational courses. It is particularly relevant for those preparing for the vocational baccalaureate and for post-secondary vocational courses.

This tool offers a comprehensive set of teaching resources: analysis sheets, observation grids, application exercises, case studies and assessment materials.

It helps trainers structure their lessons around cross-cutting prevention skills that align with qualification frameworks and can be tailored to the sector.

TutoPrév' Pédagogie is a comprehensive toolkit for teaching prevention, embedding good habits and ensuring that what has been learned is retained long after the training course or initial career experience.



***TutoPrév' Accueil Interactif* (TutoPrév' Interactive Induction) – Learning by doing**

TutoPrév' Accueil is available in an interactive version that uses a digital tool designed to assess and strengthen knowledge of OSH.

This version adapts the approach into an engaging, digital format. Available free of charge online on the Institute's website, it offers a series of sector-specific quizzes based on real-life work situations.

The tool is based on the illustrated scenes from *TutoPrév' Accueil*, which depict typical work situations in each sector of activity. The user must look at the image, identify the hazards and choose the correct answer from a number of options. The score achieved then enables the teacher or trainer to identify areas for improvement and to continue the discussion.

The value of the module lies in its immersive and educational nature: young people learn to observe a workplace situation (with a focus on prevention), anticipate possible consequences and respond appropriately.

Suitable for use in a variety of educational settings, *TutoPrév' Accueil Interactif* serves as a resource for workplace tutors and trainers. It can be used to identify the risks associated with an occupation, revise key concepts or test knowledge, while helping to reinforce or update prevention training.

Results¹⁴

The **PDF documents in the 'TutoPrév' Accueil'** series have been downloaded in varying numbers depending on the sector and year.

Overall, 2023 saw the highest download figures across most sectors, with 96,552 downloads in total. In 2024, a decline was observed across all documents (-37.3%), followed in 2025 by stabilisation or a partial recovery, depending on the sector.

The largest volumes over the period were seen in the construction, office work, industrial maintenance and personal care sectors. Some sectors have been added more recently (cleaning, beauty), meaning there is a lack of earlier data.

The **interactive tools** recorded a 33.5% increase in visits between 2024 and 2025 across all sectors where year-on-year comparisons were possible, reaching a total of 164,558 visits in 2025.

The most significant increases have been in the construction sector, industrial maintenance, personal care and logistics. The food and beauty sectors, for which data are available for 2025 only, also recorded significant visitor numbers in their first year online.

¹⁴ For technical reasons, download statistics for PDF documents are not available for the period from 19 November 2024 to 14 January 2025, which may affect the comparability of results between 2024 and 2025.

The **‘TutoPrév’ Pédagogie’ documents** show a trend similar to the ‘Accueil’ materials: in 2024, downloads fell sharply from 34,969 in 2023 to 18,980, a decrease of 45.7%.

However, in 2025, the trend reversed sharply, with 32,421 downloads – an increase of 70.8% – bringing the figure back to roughly the same level as in 2023.

The largest increases between 2024 and 2025 were in construction and public works, logistics, automotive repair, road haulage and energy for building sectors.

 Further information:

<https://www.inrs.fr/demarche/nouveaux-embauches/demarche-TutoPrev.html>



100 minutes pour la vie 100 Minutes for Life



✦ **In brief** – The ‘100 minutes pour la vie’ (100 Minutes for Life) challenge is a [OPPBTP](#) (French Professional Organisation for Prevention in Building and Public Works) initiative aimed at students and apprentices in construction and public works courses in France. This competition combines mobile technology with game-based learning to raise new and future employees’ awareness of occupational risks from the early stages of their training.

🔧 **Sector:** Construction and public works

👥 Target audiences



Students and apprentices training for construction and public works roles, whether at a vocational secondary school, apprenticeship training centre or other training provider



Trainers and teachers who support young people and incorporate the activity into their teaching

🎯 Main objectives

To improve understanding of sector-specific safety rules

To develop prevention habits in everyday life

To promote prevention as a central element of professional identity in the construction and public works sectors

To encourage motivation and engagement through a game-based, competitive approach

📚 Content



The initiative takes the form of a **national challenge**, which runs for about four weeks using a dedicated mobile app. Participants answer 50 questions on prevention, and OSH.

They can take on bonus challenges set by their classmates or teachers to earn extra points. Two pathways are available, depending on the young person's chosen specialism: **construction** or **public works**.

Teachers act as facilitators, encouraging young people to get involved and incorporating the tool into their teaching plan.

At the end of the competition, the best results are recognised with regional prizes, and a national final brings together the winning institutions.

Results

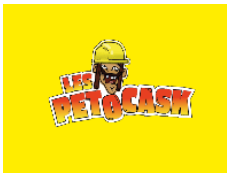
Since its launch, 100 Minutes for Life has reached **tens of thousands of apprentices and students on construction and public works training courses throughout France.**

The challenge has become an annual highlight of prevention training in the sector, recognised by both teachers and businesses as an effective tool for engaging young people.

It has helped to embed safety messages more effectively into the curriculum and recognises institutions committed to prevention.

Lastly, by adding game-based and competitive elements, it has turned a subject often seen as a set of rules and restrictions into a motivating experience that encourages young people to become safety ambassadors in their future occupations.

 **Further information:** <https://100minutes.preventionbtp.fr/>



✦ **In brief** – Construction and public works remain among the sectors most exposed to accidents at work and occupational diseases, particularly for young people in training or at the start of their careers. Every year, thousands of apprentices enter apprenticeship training centres without being sufficiently aware of construction-site risks: falls, manual handling, dangerous tools and exposure to noise, dust or chemicals.

In response, the [OPPBTP](#) (French Professional Organisation for Prevention in Building and Public Works) developed '**PETOCASK**', an interactive mobile app created in partnership with the 'serious game' studio [NaturalPad](#).

Its aim is to familiarise young apprentices with the culture of prevention from the moment they start their training, by offering them an immersive, modern and engaging approach tailored to the way they use digital media.

🔧 **Sector:** Construction and public works

👥 Target audiences



First-year apprentices on vocational aptitude certificate courses or at vocational secondary schools in the construction and public works sectors



Trainers and workplace tutors at apprenticeship training centres or vocational secondary schools who can use the tool to introduce or reinforce a prevention module

🎯 Main objectives

To raise awareness of risks in construction and public works through scenarios and mini-games reflecting realistic site conditions (falls from height, manual handling, personal protective equipment, movements, postures).

To develop a safety culture from the very first weeks of training, to encourage good habits and collective vigilance

To promote inclusion through accessibility options (English version, dyslexia-friendly mode) that enable every young person to take part

To equip trainers by providing them with engaging, flexible, digital resources that can be used individually or in groups

To foster retention and ownership through teaching methods based on games, curiosity and role-play

Content



PETOCASK is a **free app** available on smartphones and tablets (Android, iOS). The player takes on the role of a young employee who sets up their own virtual construction company and must tackle a series of challenges inspired by real-life work situations.

Each mini-game focuses on a specific aspect of prevention:

- **selecting and wearing personal protective equipment (PPE)**
- **adopting the correct lifting and handling techniques** to prevent musculoskeletal disorders
- **preparing a construction site by securing the work areas**
- **identifying the warning signs of hazards:** chemicals, electricity, hand tools, machinery, noise.

As players complete the challenge, they earn points, unlock 'levels' and build a 'wonder', symbolising a safe and high-performing business. The tone is deliberately humorous, with colourful graphics and language reflecting teenage culture, allowing serious topics to be addressed without being seen to lecture.

The app also features a **Training mode, used by teachers** to replay scenarios in the classroom, initiate group discussions or introduce a lesson module on safety. In addition, trainers and teachers have access to a **downloadable support pack** on the OPPBTP's website, with suggestions for running sessions and debriefing.

Results

Since its launch, *PETOCASK* has seen considerable success. Initial assessments carried out among over 600 apprentices show that **more than 80% of the safety concepts covered by the app were correctly retained** after the sessions.

85% of trainers believe that the tool is 'very relevant' and that it encourages young people to engage, particularly those who are more reserved.

In less than a year, the app has seen **25,000 downloads**, far exceeding the organisation's initial target of 10,000.

These results confirm the value of digital and game-based approaches for reaching a young audience that is often less receptive to traditional training materials.

The app has also been promoted at regional forums and piloted in several apprenticeship training centres as part of the OPPBTP's '@Horizon2025' roll-out plan, which aims to strengthen prevention from the start of initial education and training.

Further information:

https://www.preventionbtp.fr/actualites/risques/petocask-une-appli-mobile-pour-sensibiliser-les-nouveaux-apprentis-aux-risques-du-btp_o9SNRxNoG2Um6eMcGBTmNS

 **In brief – ‘tpdemain.com’** is a digital learning platform dedicated to public works. It provides a library of free resources, accessible to all, to learn about and train for careers in the sector, support the green transition and strengthen professional skills. This initiative is led by the [Fédération Nationale des Travaux Publics](#) (National Federation of Public Works – FNTP) and is continually updated with a variety of content to support both students and industry employees.

 **Sector:** Construction and public works

Target audiences



Apprentices, students and trainers seeking to deepen their knowledge of public works professions



Industry professionals and employees at companies in the sector who want to update or expand their skills

Main objectives

To facilitate access to high-quality, reliable educational content tailored to the needs of people involved in public works

To support developments in the sector, particularly the green transition, digitalisation and environmental challenges

To encourage discussion and continuous learning through a wide range of formats (videos, articles, e-learning)

To enable users to develop their skills at their own pace

Content

The platform consists of two complementary parts.



The first is **an open-access resource library** that brings together over 2,500 educational resources: videos, fact sheets, e-learning courses. Developed with experts and approved by the FNTP, these resources cover all occupations and topics related to public works. They are available free of charge, with no registration required, and may be reused for educational purposes under an open licence.



The second part, '*tp.demain l'école*' (Tomorrow's Public Works School), focuses on **continuing training**. It aims to address the major challenges of the green transition in the public works sector: decarbonisation, the circular economy, biodiversity and social responsibility. Short courses, delivered either face-to-face or online, are available to people in a range of roles in the sector, from site managers to senior executives. These are supported by a complementary digital platform, '*tpmotion*', which provides several hours of online video lessons for companies.

The initiative is designed to be easy to access, free of charge and ready to use in both initial education and continuing training.

 **Further information:** <https://tpdemain.com/>

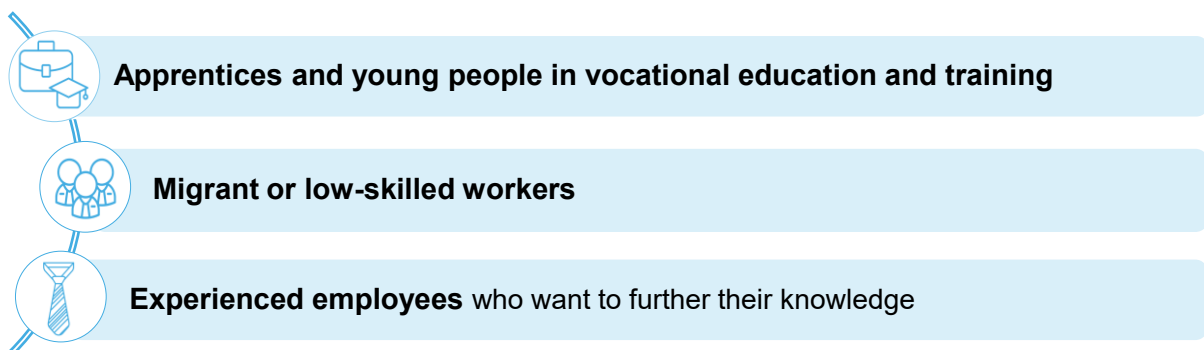
✦ **In brief** – Construction is one of the sectors most exposed to occupational risks, particularly working at height, which remains a leading cause of serious and fatal accidents. Against this backdrop, ‘**Upp Games**’ was developed as an innovative European project funded by Erasmus+. It is coordinated by the [Fundación Laboral de la Construcción](#) (Spanish Construction Labour Foundation), a joint body for the construction sector whose work includes training, occupational risk prevention and employment. The Foundation works in partnership with several training and prevention organisations across Europe.

Upp Games is a game-based mobile app for smartphones and tablets, and designed as a ‘serious game’, specifically to reinforce OSH rules for working at height.

🔧 **Sector:** Construction

⚠️ **Target risk:** Falls from height

👥 Target audiences



🎯 Main objectives

To raise awareness of risks from the beginning of initial education and training

To strengthen the prevention culture in the construction sector

📺 Content



This **serious game** combines educational content with a game-based approach, making learning more engaging, practical and accessible to audiences who may find traditional training formats difficult.

The project aims to help reduce accidents involving falls from height and to promote a shared culture of safety on European construction sites.

The app offers a total of **15 mini-games spread across six interactive stories**. Each mini-game focuses on a specific aspect of prevention: working safely at height, PPE correctly, putting collective protective measures in place, preventing falling objects and recognising safety signs.

The player takes on the role of a construction site worker who must navigate these various workplace scenarios. As decisions are made, the story unfolds and the player receives immediate feedback.

If a mistake is made, the player is encouraged to reflect on their choice, correct it and try the task again, which promotes learning. The player's progress is reflected visually through the construction of a building; the more successful they are, the further the construction work progresses, making the game a motivating experience.

The project has also resulted in **a range of supplementary resources**, such as a user handbook, a guide for trainers (with suggested activities for the classroom or continuing training) and reports on the pilot projects carried out in several partner countries. To reach as wide a European audience as possible, the app is available in several languages, including Spanish, French, English, Italian, German and Slovenian.

 **Further information:** <https://microsites.fundacionlaboral.org/upp-games?idioma=1>

✦ **In brief** – The ‘**Asbestos & You**’ campaign, launched by the UK [Health and Safety Executive](#) (HSE), targets employees in construction, maintenance and renovation. Its aim is to highlight that, although the use of asbestos has been banned since 1999, the material is still present in many buildings and remains a major health risk when damaged or handled without appropriate precautions. Every year, there are still about 5,000 deaths in the UK that are linked to diseases caused by exposure to asbestos fibres (cancers, mesotheliomas, and respiratory diseases).

⚠ **Target risk:** Asbestos

Target audiences



Young workers, and those who started their careers after the official asbestos ban, because many of them have never known a time when asbestos was still used in materials. They may therefore underestimate, or be completely unaware, of the risks involved

Content



To strengthen prevention, ‘**Asbestos & You**’ provides practical guides specifically designed for tradespeople and construction workers. A ‘**Quick Guide for Trades**’ provides an overview of the most common situations where asbestos can be encountered and sets out the measures needed to stay safe.



The more detailed ‘**Asbestos Essentials**’ task sheets set out step-by-step precautions for specific tasks (drilling, cutting, renovation, maintenance of asbestos-containing surfaces).



The campaign also makes use of modern communication tools: **videos, podcasts, visual materials and teaching resources** for use in companies, workshops and training centres. It also publishes regular newsletters to keep those working with asbestos informed about good practices and legal requirements.

By providing tradespeople – particularly the next generation of workers – with the knowledge and tools they need, ‘**Asbestos & You**’ aims to establish a lasting culture of prevention. The challenge is to protect workers’ health on a day-to-day basis and to ensure that a lack of awareness of the risks posed by asbestos does not continue to cause serious illnesses in the decades to come.

 **Further information:** <https://workright.campaign.gov.uk/asbestos-you/>

Occupational Risk Prevention: Compendium of Good Practices Aimed at Young Workers



Compendium

October 2026

Publisher: Raphaël Haeflinger

Author: Marie-Amélie Buffet

Ref.: Eurogip 208/E

ISBN: 979-10-97358-99-0

This document has been produced in accordance with EUROGIP's charter on the use of artificial intelligence.

Established in 1991 by the Occupational Injuries Branch of the French Social Security system, EUROGIP is an observatory and resource centre specialising in the prevention and insurance of accidents at work and occupational diseases in Europe.



Analyzing occupational
safety and health in Europe

EUROGIP – 51 avenue des Gobelins, 75013 Paris



eurogip.fr



eurogip@eurogip.fr